




Excellence, compassion & respect for all

**FRAMWELLGATE  
SCHOOL DURHAM**

## Summer Menu Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Course Option One</b>	Cheese & Ham Toastie	Special Fried Rice (chicken* & pork sausage) (with curry sauce optional)	Mild Chicken* & Onion Curry (with steamed rice)	Cumberland Ring	Crunchy Coated Chicken* Burger (served in a small bun)
<b>Main Course Option Two</b>	Chicken & Chorizo Paella (peas, onions & tomatoes)	Chicken* Chow Mein (noodles, beansprouts, garlic, carrot, onions & cabbage)	<b>Pasta Bar</b> Rice & Penne Pasta Mini Meatballs* in a Tomato & Basil Sauce Mixed Cheese Sauce	Chicken* Fajita Wraps & Salad (garlic mayo optional)	Fish Fingers (3 fish fingers (omega3))
<b>Vegetarian Option</b> 	Tomato & Basil Pasta Bake (topped with cheese)	Sweet & Sour Vegetables & Rice		Cheese & Broccoli Pasta	Margherita Pizza Slice
<b>Potato Dish</b>	Mini Tater Tots (Potato)	Salt & Pepper Wedges	Naan Bread or Garlic Bread Slice	New Potatoes	Chipped Potatoes
<b>Vegetables &amp; Sauces</b>	Mixed Vegetables Baked Beans Garden Peas	Green Beans Sweetcorn	Sweetcorn Garden Peas	Sweetcorn Baked Beans Garden Peas Gravy	Baked Beans & Curry Sauce
<b>Lite Bite Option</b>	<b>Baked Potato +1 Filling</b> (Tuna & Mayonnaise) (Beans, Grated Cheese, Salad, Coleslaw)	<b>Baked Potato +1 Filling</b> (Tuna & Mayonnaise) (Beans, Grated Cheese, Salad, Coleslaw)	<b>Baked Potato +1 Filling</b> (Tuna & Mayonnaise) (Beans, Grated Cheese, Salad, Coleslaw)	<b>Baked Potato +1 Filling</b> (Tuna & Mayonnaise) (Beans, Grated Cheese, Salad, Coleslaw)	<b>Baked Potato +1 Filling</b> (Tuna & Mayonnaise) (Beans, Grated Cheese, Salad, Coleslaw)
<b>Cold Sandwiches</b> <b>Hot Baguettes#</b> <b>Cold Pasta Pots#</b> (all available daily)	<b>Cold Sandwiches:</b> White Tortilla Wraps, White Bread, Brown Bread, Cold White Baguettes				
<b>Cakes</b> <b>Traybakes</b> <b>Snacks</b>	<p><b>NMD:</b> Double Chocolate Muffin#, Frosted Ring Doughnut#</p> <p><b>Fresh Fruit:</b> Mandarin Segments, Pineapple Pot, Watermelon Pot, Red Grape Pot#, Green Grapes Pot#, Piece of Fruit, Carrot Stick Pot, Cucumber Stick Pot</p> <p><b>Traybakes:</b> (Flapjack, Shortbread, Ginger Biscuit, Chocolate Brownie, Double Chocolate Cookie, Milk Chocolate Cookie, White Chocolate Cookie, Jam Filled Doughnut, Chocolate Filled Doughnut)</p> <p><b>Snacks#:</b> Seedless Raisins Snack Box (14g), Sweet &amp; Salty Popcorn Bag (14g), Fromage Frais Pouche (Strawberry &amp; Raspberry)</p>				
<b>Drinks#</b>	<p>Juice Burst 330ml (Raspberry Lemonade, Orange &amp; Passionfruit, Apple &amp; Blackcurrant)</p> <p>Radnor Splash 500ml Sports Cap Drinks (Watermelon, Strawberry, Orange &amp; Passionfruit, Apple &amp; Raspberry &amp; Lemon &amp; Lime)</p> <p>Harrogate 500ml Screw Cap Spring Still Water, Harrogate 330ml Screw Cap Spring Still Water, Semi Skimmed Milk 189ml Carton</p> <p>Radnor Splash 330ml Screw Cap (Watermelon, Strawberry, Orange &amp; Passionfruit, Apple &amp; Raspberry &amp; Lemon &amp; Lime)</p>				

Non-Meal Deal Items(NDM)#

All meat which are Halal certified will be marked with a \*

