



Excellence, compassion & respect for all

**FRAMWELLGATE  
SCHOOL DURHAM**

## Summer Menu Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Course Option One</b>	Homemade Sausage Roll (pork sausage meat)	Homemade Mince Beef* Lasagne	Katsu Chicken* & Onion Curry (with steamed rice)	BLT Floured Bap (floured bap, bacon, lettuce & tomato (mayo optional))	Smokey Hot Dog (served in roll) (steamed onions optional)
<b>Main Course Option Two</b>	Chicken* & Broccoli Pasta (in a mixed cheese sauce)	Ham & Cheese Pitta Pizza	<b>Pasta Bar</b> Steamed Rice & Penne Pasta Pomodoro Sauce Cheese & Broccoli Sauce	Southern Fried Chicken (Drumsticks or boneless thigh)	Spicy Chicken* Breast
<b>Vegetarian Option</b> 	Cheese & Sweetcorn Panini	Macaroni Cheese (macaroni pasta, white sauce & topped with cheese)		Mediterranean Spicy Tomato Pasta Bake	Margherita Pizza Slice
<b>Potato Dish</b>	Mini Tater Tots (Potato)	Garlic Bread Slice	Naan Bread Garlic Bread Slice	Paprika Salted Potato Wedges	Chipped Potatoes
<b>Vegetables &amp; Sauces</b>	Sweetcorn Baked Beans Garden Peas	Mixed Salad Broccoli Sweetcorn	Garden Peas Sweetcorn Baked Beans	Sweetcorn Baked Beans	Baked Beans & Curry Sauce
<b>Lite Bite Option</b>	<b>Baked Potato +1 Filling</b> (Tuna & Mayonnaise) (Beans, Grated Cheese, Salad, Coleslaw)	<b>Baked Potato +1 Filling</b> (Tuna & Mayonnaise) (Beans, Grated Cheese, Salad, Coleslaw)	<b>Baked Potato +1 Filling</b> (Tuna & Mayonnaise) (Beans, Grated Cheese, Salad, Coleslaw)	<b>Baked Potato +1 Filling</b> (Tuna & Mayonnaise) (Beans, Grated Cheese, Salad, Coleslaw)	<b>Baked Potato +1 Filling</b> (Tuna & Mayonnaise) (Beans, Grated Cheese, Salad, Coleslaw)
<b>Cold Sandwiches</b> <b>Hot Baguettes#</b> <b>Cold Pasta Pots#</b> (all available daily)	<b>Cold Sandwiches:</b> White Tortilla Wraps, White Bread, Brown Bread, Cold White Baguettes				
	<b>Cold Fillings:</b> Egg & Mayonnaise, Cheese, Cheese Salad, Ham, Ham Salad, Spicy Chicken*, Spicy Chicken* & Lettuce, Chicken* & Mayonnaise, Chicken* & Mayonnaise with Lettuce, Chicken Bacon & Mayonnaise, Cheese & Ham, Tuna & Mayonnaise, Tuna Mayonnaise & Cucumber				
	<b>Hot Baguettes#:</b> Margherita (pizza Sauce & Cheese), Spicy Chicken* & Cheese, Shredded Bacon & Cheese				
	<b>Cold Pasta Pots#:</b> Feta & Tomato Pasta Pot, Tomato & Basil with Cheese Pasta Pot, Chicken & Chorizo Salsa Pasta Pot, Tuna & Sweetcorn Pasta Pot				
<b>Cakes</b> <b>Traybakes</b> <b>Snacks</b>	<b>NMD:</b> Double Chocolate Muffin#, Frosted Ring Doughnut#				
	<b>Fresh Fruit:</b> Mandarin Segments, Pineapple Pot, Watermelon Pot, Red Grape Pot#, Green Grapes Pot#, Piece of Fruit, Carrot Stick Pot, Cucumber Stick Pot				
	<b>Traybakes:</b> (Flapjack, Shortbread, Ginger Biscuit, Chocolate Brownie, Double Chocolate Cookie, Milk Chocolate Cookie, White Chocolate Cookie, Jam Filled Doughnut, Chocolate Filled Doughnut)				
	<b>Snacks#:</b> Seedless Raisins Snack Box (14g), Sweet & Salty Popcorn Bag (14g), Fromage Frais Pouche (Strawberry & Raspberry)				
<b>Drinks#</b>	Juice Burst 330ml (Raspberry Lemonade, Orange & Passionfruit, Apple & Blackcurrant) Radnor Splash 500ml Sports Cap Drinks (Cherry, Strawberry, Orange & Passionfruit, Apple & Raspberry & Lemon & Lime) Harrogate 500ml Screw Cap Spring Still Water, Harrogate 330ml Screw Cap Spring Still Water, Semi Skimmed Milk 189ml Carton Radnor Splash 330ml Screw Cap (Strawberry, Orange & Passionfruit, Apple & Raspberry & Lemon & Lime)				

Non-Meal Deal Items(NDM)#

All meat which are Halal certified will be marked with a \*

