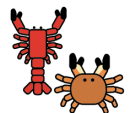
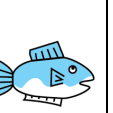
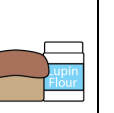
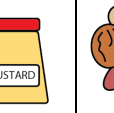
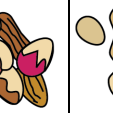
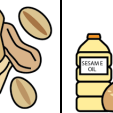
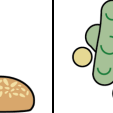
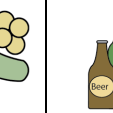
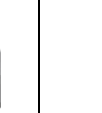


Food items & their Allergen content:

Gluten Free Week(s) A, B & C – Monday's Day 1

Dish														
	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Tuna Mayo Salad (Example)	✓			✓	✓		✓		✓					
Week A Beef Bolognese GF Pasta Bake							✓							
Week B GF Sausages														
Week C Quorn Biryani				✓										
Gravy													✓	
Baked Beans														
Baked Potato														
Grated Cheese							✓							
Tuna & Mayonnaise				✓	✓				✓					
Coleslaw				✓					✓					

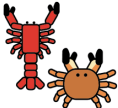
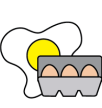
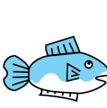
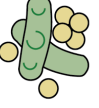
* May also contain these allergens (this is due to the product being produced in a factory where these ingredients maybe used in other foods)

GF = Gluten Free

Review date: 16 October 2025 (this allergen chart is accurate to date and may need to be amended dependant of supplier stock)

Food items & their Allergen content:

Gluten Free Week(s) A, B & C – Tuesday's Day 2

Dish														
	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Tuna Mayo Salad (Example)	✓			✓	✓		✓		✓					
Week A Chicken Breast														
Week B Roast Pork														
Week C Roast Turkey														
Gravy													✓	
Baked Beans														
Baked Potato														
Grated Cheese							✓							
Tuna & Mayonnaise				✓	✓				✓					
Coleslaw				✓					✓					

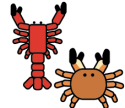
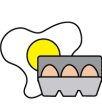
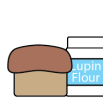
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Food items & their Allergen content:

Gluten Free Week(s) A, B & C – Wednesday's Day 3

Dish														
	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Tuna Mayo Salad (Example)	✓			✓	✓		✓		✓					
Week A Butter Chicken Curry							✓							
Week B GF Chicken Tikka Sauce							✓							
Week C Butter Chicken Curry							✓							
GF Garlic Pitta Slice									✓ *			✓ *		
Turmeric Rice														
Steamed Rice														
Baked Beans														
Baked Potato														
Grated Cheese							✓							
Tuna & Mayonnaise				✓	✓				✓					
Coleslaw				✓					✓					

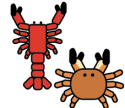
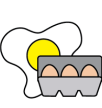
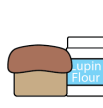
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Food items & their Allergen content:

Gluten Free Week(s) A, B & C – Thursday's Day 4

Dish														
	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Tuna Mayo Salad (Example)	✓			✓	✓		✓		✓					
Week A Chicken Biryani														
Week B Chicken Special Fried Rice													✓	
Week C Chicken GF Pitta (cabbage salad)									✓ *			✓ *	✓	
Gravy													✓	
Garlic Mayonnaise				✓										
Baked Beans														
Baked Potato														
Grated Cheese							✓							
Tuna & Mayonnaise				✓	✓				✓					
Coleslaw				✓					✓					

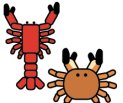
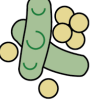
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Food items & their Allergen content:

Gluten Free Week(s) A, B & C – Friday's Day 5

Dish														
	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Tuna Mayo Salad (Example)	✓			✓	✓		✓		✓					
Week A GF Sausages (Pork Sausages)														✓
Week B GF Chicken Nuggets														
Week C GF Pitta Pizza Margherita							✓		✓ *			✓ *		
Chipped Potatoes														
Baked Beans														
Baked Potato														
Grated Cheese							✓							
Tuna & Mayonnaise				✓	✓				✓					
Coleslaw				✓					✓					

* May also contain these allergens (this is due to the product being produced in a factory where these ingredients maybe used in other foods)

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