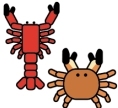
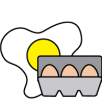
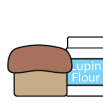


Food items & Allergen content:

Winter Week 3 – Monday

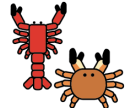
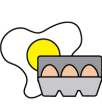
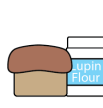
Dish														
	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Tuna Mayo Salad (Example)	✓			✓	✓		✓		✓					
Stir Fried Honey Chilli Chicken		✓											✓	
Beef & Vegetable Shortcrust Pie		✓		✓			✓						✓	
Red Lentil & Vegetable Curry		✓ *					✓					✓ *		
Rice & Turmeric Rice (50/50 ratio white & wheat)														
New Potatoes														
Mixed Vegetables														
Carrots & Sweetcorn														
Gravy													✓	
Baked Beans														
Grated Cheese							✓							
Tuna & Mayonnaise				✓	✓				✓					
Coleslaw				✓					✓					

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Food items & Allergen content:

Winter Week 3 – Tuesday

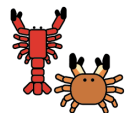
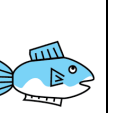
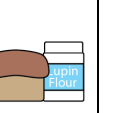
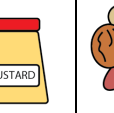
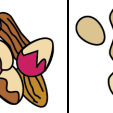
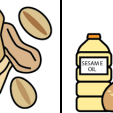
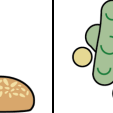
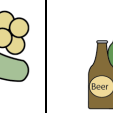
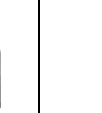
Dish														
	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Tuna Mayo Salad (Example)	✓			✓	✓		✓		✓					
Roast Turkey														
Stuffing Ball		✓												
Fisherman's Pie	✓ *	✓		✓ *	✓		✓		✓ *				✓ *	✓ *
Stir Fried Vegetables with Egg Fried Rice		✓		✓									✓	
Mash Potato														
Carrots & Broccoli													✓	
Green Beans														
Gravy													✓	
Baked Beans														
Grated Cheese							✓							
Tuna & Mayonnaise				✓	✓				✓					
Coleslaw				✓					✓					

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Food items & Allergen content:

Winter Week 3 – Wednesday

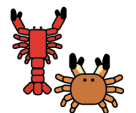
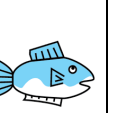
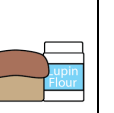
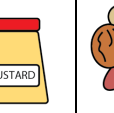
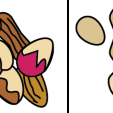
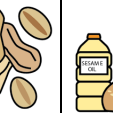
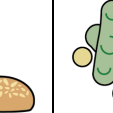
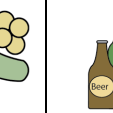
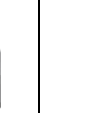
Dish														
	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Tuna Mayo Salad (Example)	✓			✓	✓		✓		✓					
Katsu Chicken Curry (with onions)		✓		✓ *					✓	✓ *	✓ *	✓ *	✓	
Pomodoro Sauce														
Broccoli in a Bechamel Sauce	✓ *	✓		✓ *			✓		✓ *				✓ *	✓ *
Penne/Fusilli Pasta		✓												
Garlic Bread		✓					✓ *						✓ *	
Naan Bread		✓												
Sweetcorn & Garden Peas														
Mixed Salad														
Baked Beans														
Grated Cheese							✓							
Tuna & Mayonnaise				✓	✓				✓					
Coleslaw				✓					✓					

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Food items & Allergen content:

Winter Week 3 – Thursday

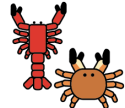
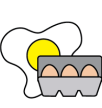
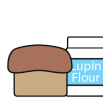
Dish														
	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Tuna Mayo Salad (Example)	✓			✓	✓		✓		✓					
Beef Lasagne	✓ *	✓		✓ *			✓		✓ *				✓ *	✓ *
Fajita Chicken Tortilla Wrap		✓											✓	
Garlic Mayonnaise				✓										
Stir Fried Vegetables & Egg Noodles		✓		✓									✓	
Paprika Oven Baked Potato Wedges														
Mixed Salad & Sweetcorn														
Ratatouille														
Gravy													✓	
Baked Beans														
Grated Cheese							✓							
Tuna & Mayonnaise				✓	✓				✓					
Coleslaw				✓					✓					

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Food items & Allergen content:

Winter Week 3 – Friday

Dish														
	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Tuna Mayo Salad (Example)	✓			✓	✓		✓		✓					
Smokey Hot Dog in a Roll	✓	✓												
Steamed Onions														
Popcorn Chicken		✓												
Margherita Pizza Slice		✓					✓							
Chipped Potatoes														
Curry Sauce		✓							✓	✓ *	✓ *	✓ *		
Baked Beans														
Grated Cheese							✓							
Tuna & Mayonnaise				✓	✓				✓					
Coleslaw				✓					✓					

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