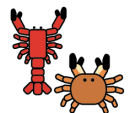
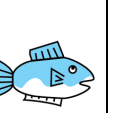
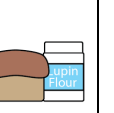
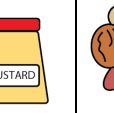
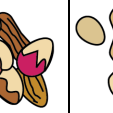
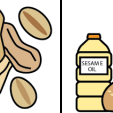
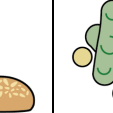
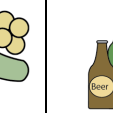
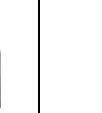


Food items & their Allergen content:

Winter Week C – Monday

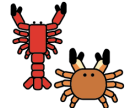
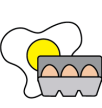
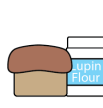
Dish														
	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Tuna Mayo Salad (Example)	✓			✓	✓		✓		✓					
Homemade Beef Lasagne	✓ *	✓		✓ *			✓		✓ *				✓ *	
Cumberland Ring		✓												✓
Diced Quorn Biryani				✓										
New Potatoes														
Gravy													✓	
Baked Beans														
Grated Cheese							✓							
Tuna & Mayonnaise				✓	✓				✓					
Coleslaw				✓					✓					

* May also contain these allergens (this is due to the product being produced in a factory where these ingredients maybe used in other foods)

Review date: 03 October 2025 (this allergen chart is accurate to date and may need to be amended dependant of supplier stock or product changes)

Food items & their Allergen content:

Winter Week C – Tuesday

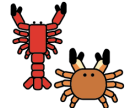
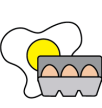
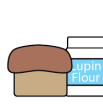
Dish														
	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Tuna Mayo Salad (Example)	✓			✓	✓		✓		✓					
Roast Turkey														
Stuffing Ball		✓												
Minced Beef & Mixed Vegetable Pie		✓		✓			✓						✓	
Macaroni Cheese	✓ *	✓		✓ *			✓		✓ *				✓ *	
Mashed Potato														
Gravy													✓	
Baked Beans														
Grated Cheese							✓							
Tuna & Mayonnaise				✓	✓				✓					
Coleslaw				✓					✓					

* May also contain these allergens (this is due to the product being produced in a factory where these ingredients maybe used in other foods)

Review date: 03 October 2025 (this allergen chart is accurate to date and may need to be amended dependant of supplier stock or product changes)

Food items & their Allergen content:

Winter Week C – Wednesday

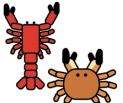
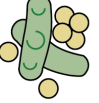
Dish														
	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Tuna Mayo Salad (Example)	✓			✓	✓		✓		✓					
Chicken Meatball Curry (with onions)	✓ *	✓		✓ *			✓		✓ *	✓ *	✓ *	✓ *	✓ *	✓ *
Steamed Rice														
Garlic Bread		✓					✓ *						✓ *	
Naan Bread		✓												
Pomodoro Sauce														
Cheese & Broccoli Sauce	✓ *	✓		✓ *			✓		✓ *				✓ *	
Penne Pasta		✓												
Baked Beans														
Grated Cheese							✓							
Tuna & Mayonnaise				✓	✓				✓					
Coleslaw				✓					✓					

* May also contain these allergens (this is due to the product being produced in a factory where these ingredients maybe used in other foods)

Review date: 03 October 2025 (this allergen chart is accurate to date and may need to be amended dependant of supplier stock or product changes)

Food items & their Allergen content:

Winter Week C – Thursday

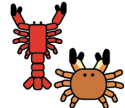
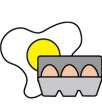
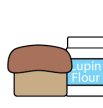
Dish														
	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Tuna Mayo Salad (Example)	✓			✓	✓		✓		✓					
Spiced Beef Tortilla Boat & Salad		✓												
Chicken Pittas (cabbage salad)		✓											✓	
Diced Quorn Pittas (cabbage salad)		✓		✓									✓	
Garlic Mayonnaise				✓										
Salt & Pepper Potato Wedges														
Baked Beans														
Grated Cheese							✓							
Tuna & Mayonnaise				✓	✓				✓					
Coleslaw				✓					✓					

* May also contain these allergens (this is due to the product being produced in a factory where these ingredients maybe used in other foods)

Review date: 03 October 2025 (this allergen chart is accurate to date and may need to be amended dependant of supplier stock or product changes)

Food items & their Allergen content:

Winter Week C – Friday

Dish														
	Celery	Cereals Containing Gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide
Tuna Mayo Salad (Example)	✓			✓	✓		✓		✓					
Fish Finger Mac (3 fish fingers in a small bun)		✓			✓							✓ *		
Spicy Chicken Breast		✓												
Margherita Pizza Slice		✓					✓							
Chipped Potatoes														
Curry Sauce		✓							✓	✓ *	✓ *	✓ *		
Baked Beans														
Grated Cheese							✓							
Tuna & Mayonnaise				✓	✓				✓					
Coleslaw				✓					✓					

* May also contain these allergens (this is due to the product being produced in a factory where these ingredients maybe used in other foods)

Review date: 03 October 2025 (this allergen chart is accurate to date and may need to be amended dependant of supplier stock or product changes)