



Why do we go?

Derwent Hill was one of the first Local Authority Outdoor Education Centres in England and has been in operation since 1962.

It is owned and operated by Sunderland City Council in a fantastic setting in the Lake District, and in 2017 received World Heritage status.

The core purpose remains to give the children and young people of Sunderland high quality residential outdoor education.

<u>ACTIVITIES</u>

- Canoeing
- Orienteering
- Ghyll scrambling
- A full day's hill walk
- The Big Swing and Gladiator Challenge
- Bushcraft
- Rock Climbing
- Mine exploration
- Team Tasks



LEARNING FRAMEWORK:

- Challenge
- Engagement
- Creativity
- Ownership
- Success
- Confidence
- Teamwork
- Discovery
- Resilience
- Real life experience
- Personal development



Learning Outcomes:

- EXPLORE five-day course a progressive series of adventurous activities among the mountains and lakes:
- Develop self awareness and social skills
- Increase personal confidence through successfully meeting new challenges
- Develop personal responsibility
- Develop co-operation, trust and support in a team
- Experience awe and wonder at the natural world and take time to reflect on this
- Understand the importance of a healthy lifestyle



What do you need to know?

- High proportion of staff & supervision
- Group Leader Miss Birch
- Teaching Staff: Miss Birch, Miss Anderson, Miss Whitfield, Mr Remmer, Mrs Lazenby/ Mrs Dryden (half). Mr Speck and Mrs Humphries will pay us a visit too!
- Support Staff: Miss Cook, Mr Hughes
- We act in loco-parentis judgements made on the safety of children
- Specific needs ability and medical requirements taken into account
- Keep in touch via our Twitter feed, the Year 5
 page of the School Website, by text message &
 Marvellous Me
- Derwent Hill have their own social media pages too – Facebook/Twitter
- Remember.....staff give up their own time to enable this visit to take place; without their commitment and dedication, it wouldn't happen.



What do you do?

- Pack plenty of layers old clothes for the outdoor activities are best. Keep an eye on the weather forecast as it may be very warm. See the kit list.
- Make sure your child has an empty lunch box and drinks bottle
- Plastic bags for dirty clothes
- LABEL EVERYTHING!
- NO MOBILE PHONES OR ELECTRONIC DEVICES
 ALLOWED AT ALL! This includes on the bus it is a
 safeguarding protocol as it cannot be effectively
 policed. It is not the same as a family holiday!
- Don't pack anything of significant value.
- Children can bring a small disposable camera for use at the Centre.
- No food required
- Plenty of small change for the games room and vending machine
- DON'T WORRY......GO TO THE PUB AND ENJOY THE PEACE AND QUIET!



MEDICAL REQUIREMENTS

- Residential event same principals will apply as at home
- Prescribed medication only
- Parents to provide medication specifically for Derwent Hill, not what is held in school.
- Provision sessions will be arranged before departure with First Aid staff
- Modified diets: Food intolerances can be accommodated
- Emergency contacts essential full information should be provided
- OTHER REQUIREMENTS:
- Photography & social media permissions (group permissions apply)
- Derwent Hill ask for consent
- Expectation for parents to come and collect their child if a significant issue arises (behavioural or otherwise)

