

PSHE/CITIZENSHIP LONG TERM OVERVIEW - QUESTION MODEL 2022-2023

FAMILY LINKS HEADINGS ARE USED TO MEET THE FAMILY AND RELATIONSHIPS STATUTORY REQUIREMENTS.

	AUTUMN: FAMILY AND RELATIONSHIPS			SPRING: LIVING IN THE WIDER WORLD		SUMMER: HEALTH AND WELLBEING		
	Families and friendships	Safe relationships	Respecting ourselves and others	Belonging to a Community	Money and work	Physical health and Mental Wellbeing	Growing and changing	Keeping safe
NURSERY Follow Ten-Ten resources	Who is special to me?	How can we make friends?	How can I be kind?	Why do we have rules?	How can we look after God's world?	How do we look after our bodies?	What makes me?	How do we keep safe inside and outside?
RECEPTION Follow Ten-Ten resources	Who cares for us?	What makes a good friend?	Who can I trust?	What groups do we belong to outside of school?	How do you help to take care of God's world?	What is a healthy lifestyle?	What is the same or different about me?	How can we keep our bodies safe?
YEAR ONE	What are the roles of different people in our families?	Recognising privacy. How do we stay safe?	Why we need to be respectful and polite?	How can we care for others and our environment?	What are my strengths and interests?	How can we keep our bodies healthy?	What makes me unique?	How do rules and age restrictions keep us safe online?
YEAR TWO	What makes a good friend?	How do we manage good and bad secrets?	Why we need to work together and help each other?	What community groups can we belong to?	How can we look after our money?	Why is sleep important? How do we recognise our feelings?	What are the stages of growing up?	How can we keep safe in our home and environments?
YEAR THREE	What makes a family?	What are our personal boundaries?	What is respectful behaviour?	What are rules and laws?	What different jobs are there?	How does our physical health choices affect our feelings?	What are personal strengths and achievements?	How do we identify risks and hazards in our local environment?
YEAR FOUR	How do we make positive friendships,	How can we respond to	How can we respect	What makes a community?	How can I manage money safely?	How do we maintain a balanced	How do we keep our bodies	How can drugs common to everyday life

	including online?	hurtful behaviours?	differences and similarities?			lifestyle, oral hygiene?	healthy as we grow?	affect our health?
YEAR FIVE	How do we maintain friendships and not be influenced by our peers?	What is safe physical contact?	What is prejudice and discrimination?	How can we protect our environment and show compassion to others?	What influences job interests and aspirations?	How can drugs common to everyday life affect health?	What are the physical and emotional changes during puberty?	How can we help with an accident or emergency?
YEAR SIX	As we get older what attracts us to others? What are the differences between civil partnerships and marriage?	How can we manage pressures from others? How do we keep personal information safe when using differing forms of media?	How can we express an opinion respectfully?	How do we value diversity and challenge discrimination and stereotypes?	What are financial risks?	How do we take care of our mental health and wellbeing?	What are the physical and emotional changes during puberty? How do we manage transitions?	How can we help with an accident or emergency?

Pictures News; All children to complete this weekly, including the whole school assembly. Evidence will be found on British Values page of website.

<p>Links to Prevent/ Duty/Safeguarding LGBT</p> <p>Year EYFS</p>	<p>H2: Health likes/dislikes, choice H4: Managing feelings H5: Growing/Changing H12: online safety- H14: Asking for help H15: NSPCC - helpline H16: What is meant by 'Privacy' H3 – physical activity H8- Sun safety H9- different ways we learn to play safely. H13- how feelings affect behaviour H17 –things that help people feel good. H19- recognise when they need help with feelings H22- To recognise that we are unique. H23- recognise likes and dislikes</p> <p>L3: British Values rights/responsibilities L8: Rights/responsibilities unique/special L4: Groups communities L1: Rules and why we need them. L2: How people and other living things have different needs.</p> <p>R1:Communication feelings -empathy R2: Behaviours fair/unfair R3: Secrets/surprises/safety R4: Behaviours fair/unfair R5: Sharing valuing differences R6: what makes a good friend R7: How to recognise when someone is feeling lonely R8: Similarities/differences – people R9: How to ask for help. R10: Physical contact NSPCC R11: Teasing Bullying R13: How to keep things private. R21: Kind and unkind behaviour. R22: Treating with respect.</p>	<p>Whole School Objectives</p>	<p>H3: Outstanding awards in class. Good Samaritan Award, In class special achievement.</p> <p>H12: , IT online safety H8- Sun Safety</p> <p>L1: Rules for classrooms and school council.</p> <p>R2: Behaviour policy/strategies and Behaviour Award. R13: Anti Bullying week</p>
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Links to Prevent/Duty/Safeguarding/LGBT Year One – Two	<p> H2: Health likes/dislikes, choice H4: Managing feelings H5: Growing/Changing H10: Names of body parts H12: Road safety- online H13- how feelings affect behaviour H14: Asking for help H15: NSPCC - helpline H16: What is meant by 'Privacy' H22- To recognise that we are unique. H23- recognise likes and dislikes </p> <p> L1: Rules and why we need them. L2: How people and other living things have different needs. L3: British Values rights/responsibilities L4: Groups communities L8: Rights/responsibilities unique/special L9: People, similarities and differences </p> <p> R1:Communication feelings -empathy R2: Behaviours fair/unfair R3: Secrets/surprises/safety R4: Behaviours fair/unfair R5: Sharing valuing differences R8: Similarities/differences - people R10: Physical contact NSPCC R13: How to keep things private. R16: Know how to respond if physical contact makes them feel uncomfortable. R17: To know that there are situations when they should ask for permission to touch. R21: Kind and unkind behaviour. R22: Treating with respect. R11: Teasing Bullying R13: Teasing Bullying R14: Teasing Bullying </p>	Whole School Objectives Years One- Two	<p> H3: Outstanding awards in class. Good Samaritan Award, In class special achievement. </p> <p> H12: road safety, IT online safety Y2- Y6 Emergency service visits. </p> <p> L1: Rules for classrooms and school council. </p> <p> R2: Behaviour policy/strategies and Behaviour Award. R13: Anti Bullying week </p>

<p>Links to Prevent/Duty/Safeguarding/LGBT</p> <p>Years Three, Four, Five, Six</p>	<p>H1: Mental wellbeing H2: Mental health wellbeing H6: Conflict emotions H7: Growing changing H8: Change transition, loss H9: Risks, dangers, hazards, safety H10: Risks, dangers, hazards, safety H13: Online safety, media H14: Online safety, peer pressure H23: Support advice - NSPCC H25: Online safety</p> <p>L1: Discussions, debates L2: Laws L3: Human Rights L4: Human Rights L6: Anti-social behaviour L8: Resolving differences, points of view L9: Communities, volunteers health wellbeing L10: Communities, volunteers health wellbeing L11: Diversity L12: Diversity L13: Money spending saving budgets</p> <p>R1: Empathy and recognising feelings R2: Friendships on and off line R7: Actions behaviours consequences R8: Physical Contact NSPCC R9: Secrets/surprises R10: Respect in and out of school R12: Disputes/ resolving conflict R13: Equality /Stereotyping R14: Bullying / Discrimination R16: Valuing Differences R17: to know that there are situations when they should ask for help.</p>	<p>Whole School Objectives</p> <p>Years Three, Four, Five, Six</p>	<p>H5: Outstanding awards in class. Good Samaritan Award, In class special achievement.</p> <p>H21: Bike safety, IT online safety Y2- Y6 Emergency service visits.</p> <p>H15/H23: Sian Visits –</p> <p>L1: Rules for classrooms and school council. L2: British Values L7: Rights and responsibilities. L13: Aspirations</p> <p>R2: Behaviour policy/strategies and Behaviour Award. R8: NSPCC R9: Statement of Intent. R18: Anti-bullying week R21: NSPCC</p>
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	R18: Valuing Differences R21: Privacy – both on line and personal		
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Key Vocabulary for each year group.

AUTUMN: FAMILY AND RELATIONSHIPS			SPRING: LIVING IN THE WIDER WORLD		SUMMER: HEALTH AND WELLBEING		
Families and friendships	Safe relationships	Respecting ourselves and others	Belonging to a Community	Money and work	Physical health and Mental Wellbeing	Growing and changing	Keeping safe

Key Vocabulary Nursery	Relationship Respect, difference, Similarities Caring Love kindness	Parents Family Grandparents Friends Respect Pets sibling	Mental health Emotions Sad, angry, happy, worried, germs, Medicine Responsibility Healthy diet,	Parents Police Doctors Nurses Dentist Teachers NSPCC – no touch Language link back to stay safe.	Re-use wildlife, environment, planet bullying	Safe, kind, respect, Rules Choice Trust	Online website Password, safety Rules
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Key Vocabulary Reception	Relationship Respect, difference, Similarities Caring Love kindness	Parents Family Grandparents Friends Respect Pets sibling	Mental health Emotions Sad, angry, happy, worried, germs, Medicine Responsibility Healthy diet,	Parents Police Doctors Nurses Dentist Teachers NSPCC – no touch Language link back to stay safe.	Re-use wildlife, environment, planet bullying	Safe, kind, respect, Rules Choice Trust	Online website Password, safety Rules
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Key Vocabulary Year One	Relationship Respect, difference, Similarities Caring Love	Parents Family Grandparents Friends Respect Pets sibling	Mental health Emotions Sad, angry, happy, worried, germs, Medicine Responsibility Healthy diet, Body parts including genitalia penis, vagina	Parents Police Doctors Nurses Dentist Teachers hazard NSPCC – no touch Language link back to stay safe.	Save, spend, bank money	Re-use wildlife, environment, planet bullying	Safe, kind, respect, Rules Choice Trust	Online website Password, safety Rules
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Key Vocabulary Year Two	Caring Thoughtful Supportive Kind Respect Love Relationship Communicate Responsible honesty	Balanced diet Protein Carbohydrates Fats Vegetables Fruits Sleep Fitness Exercise	Disagree Inappropriate Boundary Dishonest Mean Sad Nervous Consequence Rules Respect Behaviour unique	Work, Career, Salary Bills Save Spend Potential Employment Ability	Medicines Dental care Antibodies Research Vaccinations Responsible PCSO Community Danger Accident NSPCC – no touch Language link back to stay safe.	Nervous Frustration Sleep Anxiety Jealousy Situation Grief Loneliness Annoyed Recognising Fidgety Mood unique	Website Passwords Supervise Online Permission Chatroom Consequence Negative	Reduce, re- use, pollute, safe, environment,
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Key Vocabulary Year Three	Share Respect Supportive Communicate Considerate Encourage Honest Trustworthy	Rules Report Offence Protect Share Personal Private Drugs Medicine First aid Fitness Sleep Dental hygiene NSPCC – no touch Language link back to stay safe.	Feelings Thoughts Emotions Anxious Worried Scared Wellbeing Nervous Frustrated Loneliness stress annoyed	Caring Protective Loving Unique Stereotype respectful	Stereotype Diversity Discriminate Inclusive Tolerance Sharing Caring considerate	Dental hygiene Sleep Fitness Energy Sport Balanced diet Sugar Obesity	Democracy Rules Discussion Views Opinions Inclusive	Aspire Ambition Enterprise Challenge Career Goal Target Money Savings Budget
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Key Vocabulary Year Four	Negative Positive Strength Development Goal Ambitions Potential	Thoughtful Respectful Caring Supportive Encourage Opinion Share Considerate	Emotions Displeasure Breathing Technique Strategies Mind map Lifestyle	Puberty Nervous Bladder Hormone Vagina Penis Menstrual Period Testicles	Re-use Recycle Reduce Environment Pollution Dangerous Hazardous Flammable Tolerance	Addiction Strategies Inclusion Democracy Rules Respect Consideration Consequence Offensive	Password Personal information Chatrooms CEOP Private 999 Emergency Patient
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		NSPCC – no touch Language link back to stay safe.		Anxiety	Supportive Considerate Diversity Democracy Vote Global	Insulting Enterprise Contribution	considerate
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Key Vocabulary Year Five	Unique Acceptance Colour Individuality Heritage Bullying Family Difference Similarities Genes Nature Diversity Inclusion	Career Ambition Contribution Enterprise Mindmap Strategies Save Bank Tax goals	Clam Considerate Action Consequence Communicate Accident Thoughtful responsible	Puberty Nervous Bladder Hormone Vagina Penis Menstrual Period Testicles Anxiety	Passwords Chatroom Positive Negative Permission Consequence Online Bullying Personal information CEOP	Alcohol Tobacco Medicine Healthy Allergies Antibodies Vaccination chemicals Dangerous Anxieties Worries Recognising Loneliness Frustration Grief Annoyance jealousy	Democracy Rules Respect Consideration Inclusivity Stereotyping Vote Entitled Diversity Discrimination tolerance
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Key Vocabulary Year Six	Diet Exercise Sleep Appetite Anxieties Worries Recognising Calm Loneliness Frustration Grief Annoyance jealousy	Discrimination Stereotyping Inclusive Diversity Acceptance Tolerance	Compassion Considerate Accident Supportive Consequence Action Responsible NSPCC – no touch Language link back to stay safe.	Marriage Relationships Safety Puberty Nervous Bladder Hormone Vagina Penis Menstrual Period Testicles Anxiety	Relationships Respect Bullying Consequences Careers Tolerance Passwords Chatroom Positive Negative Permission Consequence Online Personal information CEOP Security	Democracy Rules Respect Consideration Inclusivity Stereotyping Vote Entitled Diversity Discrimination Tolerance Diversity	Alcohol Tobacco Medicine Healthy Allergies Antibodies Vaccination chemicals Dangerous Anxieties Worries Recognising Calm Loneliness Frustration Annoyance jealousy
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