



## GAGLEBROOK PRIMARY AND NURSERY SCHOOL

### Child Friendly Anti-bullying policy

Bullying happens.....      What to do.....

**S**everal

**S**tart

**T**imes

**T**elling

**O**n

**O**ther

**P**urpose

**P**eople

Together we can **STOP** it!



### What is Bullying?

In our school, bullying is hurting someone more than once, on purpose, by using behaviour or words which are meant to frighten or hurt that person.



## Bullying can be ....

**Emotional:** Hurting people's feelings, leaving you out.



**Physical:** Punching, kicking, spitting, hitting or pushing.



**Verbal:** Being teased, name calling.



**Written:** Letters, notes, graffiti.



**Cyber:** Saying unkind things by text, e-mail and on the internet.





## If you are bullied:

### DO:

- Ask them to STOP if you can.
- Use eye contact and tell them to go away.
- Ignore them.
- Walk away.
- Talk to a peer.
- Talk to the Pupil Leadership Team.
- Get help.
- TELL SOMEONE.

### DON'T:

- Do what they say.
- Get angry or look upset
- Hit them.
- Think it's your fault.
- Hide it.



## What should I do if I see someone else is being bullied?

- Don't walk away and ignore the bullying.
- Ask the person to stop if it is safe to do so.
- Don't stay silent or the bullying will keep happening.



## **Who can I tell?**

- A friend
- A peer or a member of the Pupil Leadership Team
- A family member
- Any adult at school
- The Worry Box
- Any other Adult.

## **Everyone at Gagle Brook School will work together to:**

- Make our school a place where everyone can feel safe and happy.
- Help everyone to get along with each other because we believe that everyone has the right to be who they are.
- Always treat bullying seriously.

## **We promise to always treat bullying seriously**

**At Gagle Brook, we care about each other, our learning and the world around us**

