

OUR ONLINE SAFETY CURRICULUM RECAP

Term 1: Our online safety themes this term have been

'Self-Image and Identity'

'Privacy and security.'



ProjectEvolve

What does your child know about self image and identity?
Does everyone online look like that in real life?
What reasons can you think of?

What does your child know about privacy and security? What is a safe password made up of? How do you report an online safety concern?

This term we have been focusing on the 'S' in our online safety SMART rules.

What does your child know?

BE SMART ONLINE

S SAFE Keep your personal information safe. When chatting or posting online don't give away things like your full name, password or home address. Remember personal information can be seen in images and videos you share too. Keep them safe to keep yourself safe.

M MEET Meeting up with someone you only know online, even a friend of a friend, can be dangerous as this person is still a stranger. If someone you only know online ever asks you to meet up, for personal information or for photos/videos of you then tell an adult straight away and report them together on www.thinkuknow.co.uk

A ACCEPTING Think carefully before you click on or open something online (e.g. links, adverts, friend requests, photos) as you never know where they may lead to or they may contain viruses. Do not accept something if you are unsure of who the person is or what they've sent you.

R RELIABLE You cannot trust everything you see online as some things can be out of date, inaccurate or not entirely true. To find reliable information compare at least three different websites, check in books and talk to someone about what you have found.

T TELL Tell a trusted adult if something or someone ever makes you feel upset, worried or confused. This could be if you or someone you know is being bullied online. There are lots of people who will be able to help you like your teachers, parents, carers or contact Childline – 0800 11 11 or www.childline.org.uk

BE SMART WITH A HEART Remember to always be smart with a heart by being kind and respectful to others online. Make the internet a better place by helping your friends if they are worried or upset by anything that happens online.

WWW.CHILDNET.COM





Upsetting news and media online



If you need support with your child due to online news items they have seen and trying to understand, click here: <https://parentzone.org.uk/article/upsetting-news-and-media-online>

The article covers the following topics:

- Be comfortable with the uncomfortable
- Communication is key
- Uncensored is not uncommon
- Stop, look, listen
- Getting further help

