



Have you heard about You Move?

You Move offers free and low-cost activities for eligible children and their families, including those on benefits related free school meals or Universal Credit, refugee children, and children supported by early help services in Oxfordshire, enabling residents to continue to stay active and have fun along the way.

[LEARN MORE](#)

By signing up to You Move, your family can enjoy a fantastic range of activities including swimming, badminton, gym passes, children's holiday activities and so much more!



Beezee Families is a free, award-winning healthy lifestyle programme for the whole family!



Learn about nutritious snacks and easy meals to cook together, get expert support from coaches and nutritionists.

Offering in-person group sessions, online group sessions and online learning at your own pace, you can pick an option to suit you.

[CLICK HERE](#)

Family outdoor activities to enjoy over the Easter holidays.....

[Local community garden events](#)

[Countryside walks and health routes](#)

[National Trust 50 Things to do before you're 11 ^{3/4}](#)

[How to make a nesting stocking for birds](#)

[Things to see and do in spring](#)

[Junior Parkrun](#)



RISING STARS - Banbury Star Cyclists' Club

For 7-14 year olds

YOUTH CYCLE COACHING

Saturday 26th April 1-3pm

Karcher, Brookhill Way, Banbury OX16 3ED

1pm session - ideal for those new to cycle coaching

2pm session - advanced skills



[Sign up at: coaching@banburystar.co.uk](mailto:coaching@banburystar.co.uk)

Don't Forget!

.....to check out these great activity opportunities!

USEFUL LINKS!

[Banbury Cross Indoor Bowls Club Youth Academy](#)

[Bicester Clip n Climb](#)

[Mark Andrews Football Coaching](#)

[Ride on Time](#)

[Weetabix Wildcats - girls football sessions](#)



Please follow us at:



/NorthOxSSP



@NorthOxon



SSP
km.nossp@bgn.oxon.sch.uk

NOSSP COMMUNITY AND FAMILIES RESOURCES

We have developed a Google Drive folder of useful information for families. It will be regularly updated with holiday club leaflets and other local information on activities and healthy eating.



ARE YOU STRUGGLING TO GET YOUR KIDS TO EAT VEG? HELP IS ON HAND WITH THE SIMPLY VEG WEBSITE.

<https://simplyveg.org.uk/launch-into-veg/>