

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY

### WEEK 1

22 APRIL, 12 MAY, 9 JUNE, 30 JUNE, 21 JULY, 3 SEPT, 22 SEPT, 13 OCT

<b>MAIN MEAL 1</b>	Chicken Curry	Quorn Burger in a Bun	Roast Chicken with Sage & Onion Stuffing & Gravy	Pork Sausages with Gravy	Battered Fish Fillet
<b>MAIN MEAL 2</b>	All Day Breakfast  (Omelette, Grilled Tomato, Beans)	Beany Seashell Pasta	Cheesy Spring Vegetable & Potato Bake	Sweet & Sour Quorn	Cheese & Tomato Pizza
<b>SIDE DISH</b>	Brown & White Rice or Hash Brown	Potato Wedges or Herby Garlic Bread	Roast Potatoes or Wholemeal Pasta	Diced Potatoes or Brown & White Rice	Potato Wedges or Tricolour Pasta
<b>COLD OPTION</b>	Tuna	Cheese Spread	Ham	Cheese	Egg
<b>EXTRA OPTION</b>	Jacket Potato with choice of: cheese, beans, cheese & beans or tuna	Jacket Potato with choice of: cheese, beans or cheese & beans	Jacket Potato with choice of: cheese, beans, cheese & beans or tuna	Jacket Potato with choice of: cheese, beans, cheese & beans or tuna	Jacket Potato with choice of: cheese, beans, cheese & beans or tuna
<b>DESSERT</b>	Tropical Crumble with Ice Cream 50% Fruit	Fresh Fruit Wedges	Fresh Fruit Jelly 50% Fruit	Chocolate Pastry Whirl	Lemon Shortbread

### WEEK 2

28 APRIL, 19 MAY, 16 JUNE, 7 JULY, 8 SEPT, 29 SEPT, 20 OCT

<b>MAIN MEAL 1</b>	Bean & Cheese Slice	Chicken Pie with Gravy	Roast Beef with Gravy	Beef Burger in a Bun	Salmon & Sweet Potato Fishcake
<b>MAIN MEAL 2</b>	Macaroni Cheese	Mild Mexican Bean Chilli	Plant Sausages with Gravy	Roasted Summer Veg Pasta	Cheese & Tomato Pizza
<b>SIDE DISH</b>	Diced Potatoes or Herby Garlic Bread	Potato Wedges or Brown & White Rice	Roast Potatoes or Wholemeal Pasta	Wholemeal Pasta or Diced Potatoes	Chips or Tricolour Pasta
<b>COLD OPTION</b>	Egg	Ham	Tuna	Cheese Spread	Cheese
<b>EXTRA OPTION</b>	Jacket Potato with choice of: cheese, beans or cheese & beans	Jacket Potato with choice of: cheese, beans, cheese & beans or tuna	Jacket Potato with choice of: cheese, beans, cheese & beans or tuna	Jacket Potato with choice of: cheese, beans, cheese & beans or tuna	Jacket Potato with choice of: cheese, beans, cheese & beans or tuna
<b>DESSERT</b>	Apple Cornflake Crunch 50% Fruit	Fresh Fruit Wedges	Fresh Fruit Jelly 50% Fruit	Jammy Cookie	Chocolate Muffin

### WEEK 3

6 MAY, 2 JUNE, 23 JUNE, 14 JULY, 15 SEPT, 6 OCT

<b>MAIN MEAL 1</b>	Chicken & Sweetcorn Meatballs with a Tomato Sauce	Beef Bolognese	Roast Pork with Sage & Onion Stuffing & Gravy	Quorn Hot Dog	Fish Fillet Fingers
<b>MAIN MEAL 2</b>	Breaded Bean & Vegetable Grill	Mild Sweet Potato & Chickpea Curry	Creamy Quorn & Sweetcorn Pasta Bake	Roasted Veg Lasagne	Cheese & Tomato Pizza
<b>SIDE DISH</b>	Spaghetti or Diced Potatoes	Pasta or Brown & White Rice	Roast Potatoes or Wholemeal Pasta	Potato Wedges or Herby Garlic Bread	Chips or Tricolour Pasta
<b>COLD OPTION</b>	Cheese	Ham	Tuna	Cheese Spread	Egg
<b>EXTRA OPTION</b>	Jacket Potato with choice of: cheese, beans, cheese & beans or tuna	Jacket Potato with choice of: cheese, beans, cheese & beans or tuna	Jacket Potato with choice of: cheese, beans, cheese & beans or tuna	Jacket Potato with choice of: cheese, beans or cheese & beans	Jacket Potato with choice of: cheese, beans, cheese & beans or tuna
<b>DESSERT</b>	Strawberry Mousse	Fresh Fruit Wedges	Fresh Fruit Jelly 50% Fruit	Ice Cream with Chocolate Cookie "Wafer"	Pineapple Pastry Squares 50% Fruit



Vegetables and a variety of salads are served daily.  
 = Vegetarian = Vegan.



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