



GARSTANG COMMUNITY ACADEMY

Bowgreave, Garstang, Lancashire, PR3 1YE, Tel: 01995 603226

Email: info@garstang.fcat.org.uk

10th October 2025

Dear Parent(s)/Carer(s),

We warmly invite you and your Key Stage 4 student (Years 10 & 11) to a vital evening session focused on **maximising learning efficiency and preparing for future success**.

As students move into these important years, developing good study habits becomes just as important as what they're learning in class. This session will share practical, research-backed tips to help students prepare for exams and give you, as their main supporter, some simple ways to help at home.

Why This Event is Essential

For Students:

Discover effective revision techniques (beyond just reading notes).

Learn how to plan and manage their independent study time effectively.

Develop powerful memory strategies and retrieval practice skills.

Boost confidence by understanding how the brain learns and retains information.

For Parents/Carers:

Understand the pressures and demands of the new GCSE specifications.

Gain practical tools to support your child's revision without adding stress.

Learn the language of effective study (e.g., 'retrieval practice,' 'interleaving').

Build a positive home-learning environment and navigate revision conflicts.

Event Details and Focus

This informative evening is aimed at helping parents and carers support their child with effective revision and exam preparation techniques. The session will share practical strategies and insights that can be applied at home, making it particularly valuable for Year 11 students as they prepare for their upcoming mock examinations and year 10 as they embark on their GCSEs.

Detail Information

Date Thursday 16th October

Time 5:00 PM – 7:00 PM

Location School Main Hall

FYLDE COAST ACADEMY TRUST

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Booking Your Place

Please confirm your attendance by completing the online registration form [by clicking here.](#)

We strongly encourage all KS4 students to attend with at least one parent or carer. Your involvement is key to creating a supportive and effective learning partnership.

We look forward to seeing you there and working together to empower our students.

Yours sincerely,

Joseph Brady

Deputy Headteacher