



restrain

(verb)

Noun: prevent (someone or something) from doing something; keep under control or within limits.

Etymology: Middle English: from Old French *restreign-*, stem of *restreindre*, from Latin *restringere*, from *re-* 'back' + *stringere* 'to tie, pull tight'

Sentences containing the word 'restrain' in different forms:

- You must restrain yourself and behave appropriately.
- It was decided that the prisoner needed to be restrained for his own safety.
- She had to restrain herself from reacting to the unpleasant comments.



French translation:
retenir.



Synonyms

- Prevent
- Hinder
- Restrict

Antonyms

- Force
- Compel
- Encourage