

# Physical Education

CURRICULUM INTENT



PE is a vital part of school life at GCA and ultimately children's future well-being. It is therefore our intent to provide an inclusive, broad and balanced PE curriculum that ensures ALL children will benefit, whether through enhancing existing skills, learning new skills or being introduced to new sports, clubs, teams and links to partner organisations. Beyond merely a subject, we believe that participation in sporting activity is a key element of developing a school in which pupils are proud of the community in which they belong. It is our intent at GCA to ensure children understand the importance of leading a healthy, active lifestyle and encourage positive lifestyle choices. We aim to introduce a wide range of different sports/activities both within and outside the curriculum to broaden each student's sporting experience and enjoyment.

We will strive to ensure that all students develop a range of skills, techniques, tactics, strategies and compositional ideas to perform successfully as an individual or as part of a team.

The ambitious PE Curriculum will guide students to take on different roles and understand the responsibilities and qualities required to be successful when performing them including performer, coach, official and leader. Our curriculum content will be delivered in greater depth and breadth, this gives time for consolidation of KS3 knowledge, understanding the skills and progression through KS4 and the ability to explore topics with extension opportunities to encourage further study beyond KS4.

Within the school we will provide students with a range of competitive and creative opportunities allowing them to develop personally and socially and instilling an understanding and appreciation of the concepts important for success in sport and life such as sportsmanship, confidence, self-discipline, respect, resilience, commitment, empathy and teamwork. Furthermore, developing positive mental health and well-being.

Finally, we will provide students with knowledge of different pathways/careers so students can be provided with sporting opportunities beyond GCA and move to the next stage of their lives in either education or work.'