

## Using PHSE and CARE Lessons for your Volunteering and/or Skills sections of your D of E Award

- Sign in to [www.edofe.org](http://www.edofe.org) (contact Mrs. Parkinson if you have forgotten your Username)
- Click onto the desired section and follow the instructions with the information below:

### Skill:

Start Date:	September 2020
Type/category of activity:	Life Skills
Detailed activity chosen:	Various
Where are you going to do it?:	Garstang Community High School
What are your goals?: What do you want to achieve?:	To learn life skills and experience to prepare for independence in future life and work. For example, digital media resilience, alcohol and drug misuse, managing money and budgeting, humanism and future careers.
Assessors name:	Julie Parkinson
Assessor's position	DofE Manager

Once this is completed, don't forget to Submit to Leader!

## Volunteering:

Start Date:	September 2020
Type/category of activity:	Community Action and Raising Awareness
Detailed activity chosen:	Various
Where are you going to do it?:	Garstang Community Academy
What are your goals?: What do you want to achieve?:	To learn awareness of issues impacting young people in today's society, and campaign to raise awareness in school and the local community. For example, illegal drugs, human rights, LGBT and diversity within the UK.
Assessors name:	Julie Parkinson
Assessor's position	DofE Manager

Once this is completed, don't forget to Submit to Leader!

If you have any queries with regard to changing your sections, please contact me on [jparkinson@garstangcommunityacademy.com](mailto:jparkinson@garstangcommunityacademy.com).