



Resilience

(noun)

- the capacity to recover quickly from difficulties; toughness.
 - AND
- the ability of a substance or object to spring back into shape; elasticity.

Etymology: The word resilience derives from the present participle of the Latin verb *resilire*, meaning "to jump back" or "to recoil."

Sentences containing the word 'Resilience' in different forms:

- The rescuers showed remarkable resilience in the difficult conditions.
- The company ensured that it was resilient and able to weather the financial storm.
- Rubber is an extremely resilient material.



French translation:
la résistance



Synonyms

- Durability
- Strength
- Pliability

Antonyms

- Weakness
- Vulnerability
- Fragility