

## **PSHE / Citizenship Curriculum Overview**

Personal, Social and Health Education has two principle dimensions:

- Personal wellbeing
- Economic wellbeing and financial capability

Personal, social, health and economic education brings together personal, social and health education, work-related learning, careers, enterprise, and financial capability. There are two programs of study at key stages 3 and 4: personal wellbeing, and economic wellbeing and financial capability.

Personal wellbeing is a program of study that provides a context for schools to fulfil their legal responsibilities to promote the wellbeing of pupils and provide a program of sex and relationships education and drugs education. It also provides schools with an opportunity to focus on delivery of the skills identified in the framework for Social and Emotional Aspects of Learning (SEAL).

Economic wellbeing and financial capability is a non-statutory program of study which brings together careers education, work-related learning, enterprise and financial capability. It also provides a context for schools to fulfil their legal responsibility to provide opportunities for careers education at key stage 3, and for careers education and work-related learning at key stage 4.

Citizenship Education has three principle dimensions:

- Participation in democracy
- The responsibility and rights of a citizen
- The value of community activity

Citizenship offers students equality of opportunity to explore a school curriculum which is committed to valuing ourselves, our families and other relationships, the wider groups to which we belong, the diversity in our society and the environment in which we live. These ideals in conjunction with the three principle dimensions stated above underpin the aims of Citizenship Education which will be detailed in this policy.

Within the teaching of Citizenship students will be provided with the information to understand their roles and responsibilities as citizens of a modern democracy. This will enable students to be able to recognise and deal with difficult moral and social questions which will invariably confront them throughout their lives in society. Citizenship lessons and activities / events are hence intended to give students the knowledge, skills and understanding to play an effective role in society at local, national and international levels. Citizenship will promote students spiritual, moral, social and cultural development and help them to live confident, healthy, independent lives as individuals, parents, workers and members as society. In achieving this, Citizenship teaching ensures that knowledge and understanding about becoming informed citizens is acquired and applied when developing skills of enquiry and communication, and participation and responsible action. This is important as Citizenship

is not only about acquiring important lifelong information but is just as equally focussed on building up the necessary skills involved in becoming a responsible citizen of the community.

<b>Year 7 Units</b>	<b>Key Themes</b>
<b>Autumn:</b> 6 to 7 Transition	Settling into high school, getting to and from school safely, bullying (including cyber-bullying) awareness and how to deal with bullying.
<b>What is Citizenship?</b>	Introduction to citizenship.
<b>My School Community</b>	How school runs, school rules, school staff, the school community and what laws are.
<b>My Local Community</b>	What a cohesive community is, community leadership, decision making locally, local services and leisure and sports opportunities.
<b>Spring:</b> Health and Hygiene	Personal hygiene, a balanced diet and exercise importance.
<b>Drugs and Safety 1</b>	What drugs are, the law on drugs, smoking effects and action to quit and solvent abuse.
<b>Local Government</b>	Local government organisation and services, electing councillors, councillors role in the community, funding local government and making spending choices and local versus national government comparisons.
<b>Summer:</b> SRE 1	Healthy relationships, family relationships, young peoples' feelings and relationship choices, puberty impacts and reproduction.
<b>Finance 1</b>	The value of money, where young people get money from, spending choices, lending and using a bank / account.
<b>Year 8</b>	
<b>Autumn:</b> Safety	Safety in the home, at school, near water, on the railways, in public areas, and on the roads. Internet safety: risks and management.
<b>Animal Rights</b>	Pet owner responsibilities, animal rights, animal suffering, medical testing and protection and the use of animals in the entertainment / tourism business.
<b>Anger Management</b>	The causes of anger, managing anger and moving from aggressive to assertive behaviours.

<b>Spring: Drugs and Safety 2</b>	Illegal drug use – risks and consequences. Alcohol and smoking – peer pressure and risk taking. Managing addiction to alcohol and tobacco.
<b>Study Skills</b>	The importance of learning and applying yourself, learner types, memory, comprehension and reading skills, different study techniques (including mnemonics, note-taking and mind-mapping), revision planning and timetabling and how to answer exam questions.
<b>Summer: SRE 2</b>	Puberty – physical and emotional changes explored further, eating disorders, body image, skin cancer risks and management, sexual relationships, peer pressure and healthy relationships, teenage pregnancy impacts / risk management, STI introduction and sexuality.
<b>Finance 2</b>	How we use our money, gambling – addition and impacts, raising money for good causes, saving money methods and understanding banking / internet banking.
<b>Careers</b>	<i>See Careers curriculum section.</i>
<b>Year 9 CARE</b>	
<b>Autumn: Crime and Punishment</b>	What types of crime exist, role of the police, CPS role, impacts of crime, how courts operate, youth court, young offenders and the penal system.
<b>National Government and Politics</b>	Types of government, political parties in the UK, getting elected, role of a MP, UK parliament and devolved systems and why politics matters to everyday life.
<b>The Real Game</b>	<i>See Careers curriculum section.</i>
<b>Spring: Drugs and Safety 3</b>	Alcohol consumption and impacts, the law and alcohol, risky situations around young people and alcohol use, illegal drugs use, cannabis use and impacts and drug overdose impacts.
<b>SRE 3</b>	Mental health awareness, dealing with depression, getting mental health help and support, sexual relationship impact and consequences, sexual well-being, emotional well-being, discussion within relationships, contraception, STI health impacts and HIV focus.
<b>Summer: Careers</b>	<i>See Careers curriculum section.</i>
<b>Finance 3</b>	Living costs, spending patterns, hire-purchase, getting loans – pro's and con's,

	credit cards, impact of debt and debt management.
<b><u>Year 10 and 11 CARE - On rotation</u></b>	
<b>Human Rights and Responsibilities</b>	Human rights, impacts of human rights, capital punishment issues, rights of the child, rights as a consumer, disability rights and workplace rights.
<b>Being British</b>	Identity, refugees and asylum seekers, racism and its impacts, racial tensions and management and a devolved UK,
<b>Britain and the World</b>	UK links to the EU, Commonwealth, UN, NATO and UK conflicts with other nations. Terrorism and anti-terrorism, radicalisation and how to manage this.
<b>Law and Order</b>	How we make laws, how the law affects young people, young peoples' rights, the impacts of crime and ways to deal with crime.
<b>Drugs and Safety 4</b>	Alcohol to excess, impacts of binge drinking, using illegal substances – impacts, drug addiction impacts and rehabilitation, personal safety out and about, driver safety and first aid.
<b>SRE 4</b>	Sexual harassment and assault, grooming, sexting, heterosexual and homosexual relationships, dealing with homophobic abuse, STI's – impact and help available, teenage attitudes to sex, pregnancy and birth, parenting and looking after our mental health.
<b>Global Issues</b>	Global warming, food miles, globalisation and ethical business, the ethics of food production and Agenda 21.
<b>Economic Awareness</b>	Taxation, the economy, managing our money, student life, debt and debt management, budgeting and buying versus renting property
<b>Careers and Enterprise</b>	<i>See Careers Curriculum section</i>

Over Y10 and 11, units are taught in rotations over the two years' following a discrete CARE weekly lesson taught by specialist staff. 40 lessons are taught the years.