







Physical Development Vocabulary Progression – EYFS PE

Concept	Phase Definition	Linked Vocabulary
<p>Rules</p> 	<p>A set of instructions you must follow</p>	<p>Right and wrong</p>
<p>Movement</p> 	<p>How to get from A to B in different ways How you move your body</p>	<p>Quickly Carefully Efficiently Control</p>
<p>Skills</p> 	<p>How to do something well</p>	<p>Demonstrating Observing (watching)</p>
<p>Appreciation</p> 	<p>Which sports/games you enjoy/don't enjoy How they make you feel</p>	<p>Observing (watching) Peers Team</p>

Physical Development Vocabulary Progression – EYFS PE

<p>Cause and effect</p> 	<p>What is a healthy choice How we look after ourselves</p>	<p>Healthy body Personal hygiene Healthy mind</p>
<p>Strategies</p> 	<p>Plans to help you</p>	<p>Practise and rehearse Trial and error</p>