

Suggested charities to support families for

# MENTAL HEALTH



[www.beacon-counselling.org.uk](http://www.beacon-counselling.org.uk)



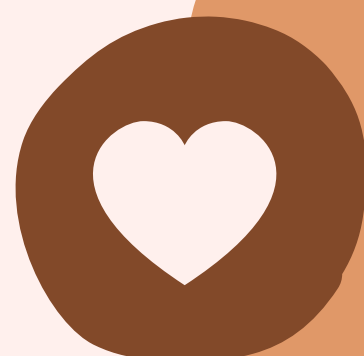
[www.annafreud.org](http://www.annafreud.org)



**Anna Freud**  
National Centre for  
Children and Families



[www.manchestermind.org](http://www.manchestermind.org)



[www.youngminds.org.uk](http://www.youngminds.org.uk)

