



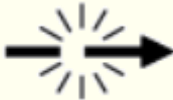


PE Vocabulary Knowledge Organiser – UKS2

<u>Concept</u>	<u>Phase Definition</u>	<u>Linked Vocabulary</u>
<p>Attacking / Defending</p>	<p>Recognising how to overcome the opposition in an invasion game through achieving success and preventing the opposition gaining success.</p>	<p>Opponents Direct competition Team games Challenge (Intellectual and physical) Technique Principles Tactics and strategies Community participation</p>
<p>Rules</p> 	<p>Understanding and following the fundamental rules of a particular sport, displaying the key sporting values.</p>	<p>Sportsmanship Honour Determination Courage Respect Responsibility</p>
<p>Competence</p>	<p>Developing an inner belief to overcome challenges, develop and refine techniques to gain success and build confidence.</p>	<p>Intellectual challenge Physical challenge Build trust Develop skills Solve problems Analyse performance Demonstrate improvement Achieve personal best</p>
<p>Movement</p> 	<p>The application and development of a range of controlled movements (both gross and fine motor) to create fluent and effective actions and sequences in a sport.</p>	<p>Movement patterns/sequences Perform dance Advanced dance technique Dance style Dance forms Performance Technique</p>
<p>Skills</p>	<p>Learned patterns of movement acquired through training, to enable effective performance within a variety of sports.</p>	<p>Build trust Teamwork Develop skills Solve problems</p>

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<p>Strategies</p>	<p>Pro-actively considering effective ways to gain success within a particular sport.</p>	<p>Tactics Technique Competent Expert</p>
<p>Impact</p>	<p>Consideration of the ways in which sport can promote a positive mental well-being and the influence of key actions in a sport towards overall success.</p>	<p>Physical health and wellbeing Positive associations Healthy lifestyle Combat stress Healthy eating Poor diet</p>
<p>Structures</p>	<p>Understanding key formations and specific roles / responsibilities within a range of sport.</p>	<p>Sport specific formation and specific key roles E.g. goalkeeper in football. Wing attack/wing defence etc in netball Standing in a diamond in hockey Counter attacks etc</p>
<p>Influences</p> 	<p>Reflecting upon the performance of known, local sporting figures and their influence on the success of their sporting team.</p>	<p>Analyse performance Reflection Teamwork and Collaboration</p>
<p>Appreciation</p> 	<p>Valuing the contributions of team-members, recognising the importance of displaying the key values of PE, contributing to a safe and positive environment.</p>	<p>Evaluation Recognise Success Analyse Appraise Performance Improve</p>
<p>Cause & Effect</p> 	<p>Recognising the importance of preparing our bodies for physical activity through warm ups and cool downs.</p>	<p>Warm up Cool down Long term Stretch Muscles - Naming specific muscles e.g. hamstring, calf, biceps and triceps etc Preparation</p>