




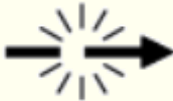




## PSHE Vocabulary Knowledge Organiser – UKS2

Concept	Phase Definition	Linked Vocabulary
<p><b>Appreciation</b></p> 	Understanding the importance of privacy and what is appropriate and inappropriate contact.	Credibility, misinformation, cookies, appreciation, Physical contact, confidential, privacy, relationships, prejudice, consent,
<p><b>Difference</b></p> 	That there are different types of relationships that people have.	Relationships, commitment, difference, appreciation, positive relationships
<p><b>Change</b></p> 	Knowing the changes that take place as we grow older, both physical, emotional and in terms of transition.	Body image, puberty, periods, conflicting emotions, adolescence, recognition, expression, change, transition, responsibility, mental health
<p><b>Belonging</b></p> 	Different ways in which a person belongs and what it means to be socially responsible.	Community, self-esteem, confidence, respect, points of view, belonging, difference, social responsibility
<p><b>Recognition</b></p> 	Knowing how to recognise the signs of poor mental health and the strategies to improve mental health.	Emotions, mental health, support Choice, diet, health, lifestyle, recognition, consequences, separation, loss, relationships, self-regulation, strategies, triggers
<p><b>Cause and Effect</b></p> 	The use of a computer programme or application and the effect or impact this can have.	digital footprint, online, fraud, scams , fishing

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<p>Power</p> 	<p>Managing personal risk.</p>	<p>Safety, environment, risk, danger, hazard, media, trusted adult, recognition, rules, laws, managing challenges, consequences</p>
<p>Expression</p> 	<p>Knowing thoughts and feelings and the triggers that can cause these.</p>	<p>mental health, support, strategies, feelings, emotions, triggers, cause and effect, impact, self-regulate, strategy</p>