

Southampton Parent Carer Forum

Review and Updates

February 2026

Welcome to this month's Southampton Parent Carer Forum Review and Updates

As we move into February, we want to take a moment to acknowledge the challenges many families continue to face, from ongoing pressures and changing routines to increased demands at home and school. Please remember you are not alone. In this edition, you'll find updates on the support available as families continue to settle into the months ahead, along with ways to stay connected and have your voice heard. Thank you for being part of our community and for everything you do to support your children and young people — your voices continue to shape and strengthen our work.

Key Updates

- Please use the generic email address for the Southampton SEND Team rather than contacting individual Case Officers, in case they are absent due to annual leave or illness.
0-25service@southampton.gov.uk
- Responses from the SEND Team can take up to 10 working days, although they are often quicker. The team is currently managing a high workload due to Year 2 and Year 6 phase transfers.

Team in the Spotlight

Unpaid Carers in Southampton - Unpaid Carers in Southampton support parent carers by delivering a range of social events. They also run sessions focused on practical support, including information around wills, benefits, and planning for the future of those they care for. For more info, check out the QR code below.



Meeting in the Spotlight

NDPT - The new Neurodiversity Profiling Tool (NDPT) is being piloted digitally in a small number of schools across the city. We met to discuss accessibility and the support available to families following completion of the tool, with a focus on ensuring early and effective support is in place.



Key Dates - More info on the following page

Monday 2nd Feb
Early Years event - See next page for info

Tuesday 3rd Feb
Understanding behaviour workshop

Thursday 26th Feb
Keeping young people safe online workshop

Tuesday 3rd March
Sensory workshop

Tuesday 31st March
SEND Fun day - See info on next page

Scan the QR code for the link to our facebook page for the most up to date info.



Continued...

Wednesday 6 May 2026



Southampton Parent Carer Forum invites you to...

Early Years information event for families with children with additional needs/ SEND/ concerning behaviours

Monday 2nd February - 1pm - 2.30pm

For Parent Carers:

Range of Local offer Service providers for advice, ideas and support



For Children and Young People:

Moo Barnyard full of things to play with



Refreshments for all included



BH Live Active, Chamberlayne, 150 Weston Ln, Weston, SO19 9SJ - Free Parking



For more information
follow us on Facebook



Book Here

Your Future
2026
Guildhall O2
Southampton

We can make food bank referrals and signpost you to local support for help with energy costs. We are also a scratch partner. If you need assistance with either, please don't hesitate to get in touch.

The 2026 Your Future event is joining forces with Get Inspired. All the hands-on activity of the Get Inspired event PLUS all the post 16 education information you'd expect at the Your Future Transition afternoon.

Southampton Parent Carer Forum invites you to...

SEND Family Fun Day 2026

Tuesday 31st March - 10am to 2pm

For Children and Young People:

Bouncy Castles, face painters
Unicorn, bubbles and lots more ...



For Parent Carers:

Range of Local offer Service providers for advice, ideas and support

To register



Refreshments for all (drinks, fruit, biscuits and ice cream are all free, there will be a food van with food for sale)

Oasis Academy Mayfield, Ashley Crescent, SO19 9NA - Free Parking



For more information
follow us on Facebook



Southampton Parent
Carer Forum CIC

Community Inclusion Project (Mystery shopping leisure and cultural venues)

As part of an ICB project, we need parent carers and young people to mystery shop a range of local leisure and cultural venues — e.g. leisure centres, museums, cinemas, and theatres.

Once you have visited a venue and completed the survey about your experience, you will be reimbursed for one young person and one adult ticket.

If you would like to get involved, please email chair@sotonpcf.org.uk. We can then let you know which venues we still need families to visit.

Whats on ..



Date	Event Info	Time	Location
Tuesday 3 rd February	Understanding Behaviour Workshop with ND Team	10-12	High Point, Bursledon Rd, Thornhill, SO19 8BR
Thursday 5 th February	SEND get together with Mental Health in Schools team	10-12	Woolston Community Centre, Church Rd, Woolston, SO19 9FU
Tuesday 9 th February	SEND get together with ND (Neurodiversity) Multi Disciplinary Team	10-12	Lordshill Community Centre, Cromarty Rd, Lordshill, SO16 8LX
Tuesday 24 th February	SEND get together with the learning disability nursing team	10-12	Oasis Hub East Southampton, 47 Melchet Road, SO18 5GH
Thursday 26 th February	WORKSHOP - Keeping young people safe on line with the Police	10-12	High Point, Bursledon Rd, Thornhill, SO19 8BR
Tuesday 3 rd March	WORKSHOP - Supporting your childs sensory needs	10-12	Freemantle and Shirley Community Centre, Randolph Street, SO15 3HE
Thursday 5 th March	SEND get together with the forum staff for general help, support and advice	10-12	Climbing Hanger, Third Ave, SO15 0LD
Wednesday 11 th March	SEND get together with ND (Neurodiversity) Multi Disciplinary Team	10-12	Holy Saviour Church, 2 Bursledon Rd, Bitterne Village, SO19 7LW
Monday 16 th March	SEND get together with Jigsaw (Social Care)	10-12	Beautifully Bisque at the Crafty Bug, 82 Bridge Rd, Southampton SO19 7GQ
Thursday 26 th March	SEND get together with the forum staff for general help, support and advice	10-12	Robins Nest, Atlantic Works, Oakley Rd, SO16 4LL