

# Glenfield Infant School Knowledge Organiser



Year 2 - Summer 1

RSHE

Growing and changing

## What should I already know?

I can tell you who helps us grow and what things I can now do myself that I couldn't when I was younger. I can give examples of how it feels when you have to say goodbye to someone, i.e. if they move house. I can give examples of how to give feedback to someone.

## Vocabulary:

Supportive	Giving help, encouragement, or comfort to someone.
Loss	The feeling or fact of no longer having something or someone.
Change	The act or process of becoming different.
Food	Substances that people or animals eat to stay alive and grow
Feelings	Emotional states like happiness, sadness, or anger
Help	To give assistance or support to someone
Forward	In the direction ahead or toward progress.
goodbye	□ A word used when parting from someone

### 1. A helping hand

Give support to others and feedback that is helpful.

*'I got feedback when .....*

*"It felt good because ....."*

*I didn't like it because ....."*

**Healthy relationships are positive and welcoming towards others, and do not make others feel lonely or excluded.**



### 2. Sam moves away

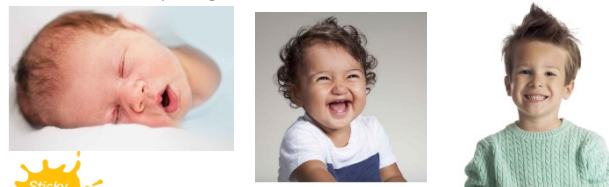
what are the different ways we keep in touch?

- Letter
- Email
- Text
- Social media/ facetime
- Visiting them

There are a range of feelings associated with losing a person they are close to.



### 3. Haven't you grown!

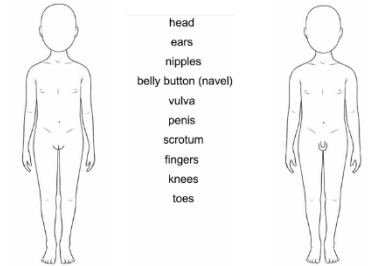


**The things we are capable of at each stage in our life change and there are different stages of growth.**

### 4. My body, your body

Our bodies are unique and special, like one of its kind.

Every person is unique: they think, feel and behave. How we think, feel and behave is our personality.



Privacy is important and it is not always right to keep secrets if they relate to being safe.



### 5. Respecting privacy

Privates or private parts: a person's genitals; that belong to you and only you can say if someone can or cannot touch them.

Private belongings: things that are yours and no one else can touch without your permission

Private information: is personal to you and you only share with your chosen / special people.

Private information online: is personal to you and only show to people like family or doctors, etc. Not strangers.

You are not allowed to touch someone's privates without their permission.



### 6. Some secrets should never be kept

If someone tells you to keep a secret, but it's not a safe secret, what could you do? Who could you tell?

Draw your safety network, after learning about 'Alfred's safety network.

There is a normal range of emotions that all humans experience in relation to different experiences.

