



WEEK 1	GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Meat Free Dipper Wrap served with Rice <b>(GLUTEN)</b>	Sausage & Creamy Mash Potato with Gravy <b>(GLUTEN, SO2)</b>	Roast Gammon, Stuffing, Roast Pots, & Gravy <b>(GLUTEN, SO2)</b>	Chicken Pizza Style Pasta & Garlic Bread <b>(GLUTEN, CELERY, EGGS, MILK, SOYA)</b>	Fish Cake or Salmon Fish Cake & Chips <b>(GLUTEN, FISH)</b>
Vegetarian Main Course	Green Cuisine Vegetable Fingers served with Potato Wedges <b>(GLUTEN, SO2)</b>	Sweet Potato & Vegetable Pie with Gravy <b>(GLUTEN)</b>	Vegetarian Sausage, Stuffing, Roast Potatoes & Gravy <b>(GLUTEN, SO2)</b>	Spanish Vegetable One Pot <b>(MILK, EGG, SO2)</b>	Homemade Cheese Omelette & Chips <b>(EGGS, MILK, SOYA)</b>
Vegetables	Peas & Sweetcorn	Savoy Cabbage & Mashed Swede	Broccoli & Diced Carrots	Cauliflower & Broccoli	Garden Peas & Baked Beans
Dessert	Chocolate Vanilla Biscuit <b>(GLUTEN, MILK, SOYA)</b> Or Fruit Pot	Orange Shortbread <b>(GLUTEN, SOYA)</b> Or Fruit Kebabs	Ice Cream <b>(MILK)</b> Or Fruit Boat	Strawberry Flapjack <b>(GLUTEN)</b> Or Fruit Pot	Viennese Whirls <b>(GLUTEN, SOYA)</b> Or Fruit boat
Selector 1	Pasta Kitchen <b>(GLUTEN)</b>	Pasta Kitchen <b>(GLUTEN)</b>	Pasta Kitchen <b>(GLUTEN)</b>	Pasta Kitchen <b>(GLUTEN)</b>	Pasta Kitchen <b>(GLUTEN)</b>
Street Food (KS2)		Pizza Wrap <b>(GLUTEN, MILK)</b>		Bacon Bun <b>(GLUTEN, SESAME)</b>	

Fresh Baked Jacket Potato with Choice of fillings  
Cheese **(Milk)** Tuna **(Eggs, Fish)** Beans available daily

Selection of freshly made, sandwiches on a choice of breads **(Wheat, Soya)** available daily

Fresh Bread **(Wheat, Soya)**  
Cheese & Crackers **(Milk, Gluten)**  
Salad Selection, Fresh Fruit and Yoghurts **(Milk)** available daily





WEEK 2	GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Meal	Cheese Pizza & Potato Wedges (GLUTEN, CELERY, MILK, SOYA, EGG)	Tuna Arrabiata Pasta (GLUTEN, CELERY, FISH)	Sliced Chicken with Mash Potato, Yorkshire Pudding & Gravy (EGG, GLUTEN, MILK, SO2)	Roast Gammon, New Potato, & Cauliflower Cheese (GLUTEN, MILK, SOYA)	Fish and Chips (GLUTEN, FISH)
Vegetarian Main Course	Spring Vegetable Pasta (GLUTEN, MILK)	Quorn Vegetable Curry & Rice (EGG, MUSTARD, SO2)	Spanish Vegetable Tortilla (EGGS, MILK)	Macaroni Cheese & Garlic Bread (GLUTEN, MILK, MUSTARD, SOYA)	Cheese & Onion Pie and Chips (GLUTEN, EGG, MILK, SOYA)
Vegetables	Beans & Sweetcorn	Savory Cabbage & Baton Carrots	Green Beans & Ring Carrots	Sweetcorn & Carrots	Garden Peas & Baked Beans
Dessert	Ginger Sponge with Cream (GLUTEN, EGG, MILK, SOYA) Or Fruit Pot	Oat Biscuit (GLUTEN, EGG, MILK, SOYA) Or Fruit Kebabs	Ice Cream (MILK) Or Fruit Boat	Pineapple Upside Down Cake & Custard (GLUTEN, EGG, SO2, SOYA, MILK) Or Fruit Pot	Beetroot Brownie (GLUTEN, EGG, MILK, SOYA) Or Fruit boat
Selector 1	Pasta Kitchen (GLUTEN)	Pasta Kitchen (GLUTEN)	Pasta Kitchen (GLUTEN)	Pasta Kitchen (GLUTEN)	Pasta Kitchen (GLUTEN)
Street Food (KS2)		Cheese & Bean Wrap (GLUTEN, MILK)		Tuna Melt Panini (GLUTEN, EGG, FISH, MILK, SESAME)	

Fresh Baked Jacket Potato with  
Choice of fillings  
Cheese (Milk) Tuna (Eggs, Fish), Beans  
available daily

Selection of freshly made,  
sandwiches on a choice of  
breads (Wheat, Soya)  
available daily

Fresh Bread (Wheat, Soya)  
Cheese & Crackers (Milk, Gluten)  
Salad Selection, Fresh Fruit and  
Yoghurts (Milk)  
available daily





WEEK 3	GREEN MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Main Meal</b>	Cheese and Tomato Naan Bread Pizza with Potato Wedges <b>(GLUTEN, MILK, CELERY)</b>	Chinese Chicken Curry with Boiled Rice <b>(GLUTEN, SOYA, MUSTARD)</b>	Roast of the Day served with a Yorkshire Pudding & Roast Potatoes <b>(GLUTEN, MILK, EGG)</b>	Beef Bolognaise with Wholemeal Pasta <b>(GLUTEN)</b>	Fish of the Day with chips and a Lemon Wedge <b>(GLUTEN, FISH)</b>
<b>Vegetarian Main Course</b>	Green Cuisine Meatballs in a Homemade Tomato Sauce served with Spaghetti <b>(GLUTEN, MILK)</b>	Cheese and Red Pepper Quiche with Boiled Potatoes <b>(GLUTEN, EGG, MILK, SOYA, SO2)</b>	Vegetarian Fillet with a Yorkshire Pudding & Roast Potatoes <b>(GLUTEN, EGG, MILK, SO2)</b>	Vegetable Fajita's and a Mixed Salad <b>(GLUTEN, CELERY, MILK)</b>	Cheese whirl and Chips. <b>(GLUTEN, EGG, MILK, SO2)</b>
<b>Vegetables</b>	Beans & Sweetcorn	Diced Swede & Green Beans	Cauliflower & Carrots	Savoy Cabbage & Mashed Swede	Baked Beans & Green Beans
<b>Dessert</b>	Banana Muffin <b>(GLUTEN, EGG, SOYA)</b> Or Fruit Salad	Lemon Cake Drizzle <b>(GLUTEN, EGG, MILK, SOYA)</b> Or Fruit Boats	Chocolate Shortbread Biscuit <b>(GLUTEN)</b> Or Fruit Kebabs	Apricot Flapjack <b>(GLUTEN)</b> Or Fruit Salad	Strawberry Jelly topped with Mandarins Or Fruit Pots
<b>Selector 1</b>	Pasta Kitchen <b>(GLUTEN)</b>	Pasta Kitchen <b>(GLUTEN)</b>	Pasta Kitchen <b>(GLUTEN)</b>	Pasta Kitchen <b>(GLUTEN)</b>	Pasta Kitchen <b>(GLUTEN)</b>
<b>Street Food (KS2)</b>		Fish Finger Hot Dogs <b>(GLUTEN, FISH, MILK, MUSTARD, SESAME)</b>		Cheese and Ham Toastie <b>(GLUTEN, MILK, SOYA)</b>	

Fresh Baked Jacket Potato with Choice of fillings  
Cheese (Milk) Tuna (Eggs, Fish) Beans available daily

Selection of freshly made, sandwiches on a choice of bread (Wheat, Soya) available daily

Fresh Bread (Wheat, Soya)  
Cheese & Crackers (Milk, Gluten)  
Salad Selection, Fresh Fruit and Yoghurts (Milk) available daily

