

12 May 2025

Dear Parents/Carers

## Walk to School Week 19th-23rd May 2025

National Walk to School Week will take place on Monday 19<sup>th</sup> May to Friday 23<sup>rd</sup> May 2025. The five-day walking/activity challenge is an annual celebration of the walk to school where children are encouraged to make as many active journeys as possible. This also encourages a healthy lifestyle and contributes to their recommended 60 minutes minimum of physical activity per day! It also has a positive impact on the environment and the air quality around school.

In order to encourage greater participation, we are really excited to be holding a prize draw. This draw will be randomly drawn at the beginning of June from all eligible entries! There will be a prize for Key Stage One and Key Stage Two. All your child needs to do to be included in the draw is to walk, scooter, cycle, or even skip to school each day for the week (they can be as inventive and energetic as they like). There will be an additional prize for the most inventive, active way of getting to school. Last year, we had children playing an instrument whilst walking, jumping to school and even performing gymnastics whilst walking to school! We appreciate some families may live too far away for this to be possible so as long as your child walks part of the way that is fine.

Please fill in the attached chart and return to school by Friday 6<sup>th</sup> June to be included in the draw!

Yours sincerely

Mrs Grigg

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