










Autumn Winter 2022 Gorse Hill Primary



| | | Monday | Tuesday | Wednesday | Thursday | Friday |
|--|--|---|---|--|---|--|
| W/C 31st Oct 21st Nov 12th Dec 16th Jan 6th Feb 6th Mar 27th Mar | Option 1 | Cheesy Swirl with New Potatoes | Chicken Curry with Rice  | Roast Chicken with Stuffing, Roast Potatoes and Gravy | Beef Burger served in a roll with Potato wedges | Fishfingers/ Salmon Fishfingers with Chips |
| | Option 2 | Tomato Pasta  | Veggie Wrap Stack with Rice  | Crunchy Top Veg Bake with Roast Potatoes  | Vegetable Burger served in a bun with potato wedges  | Cheese Omelette with Chips |
| | Vegetables | Cauliflower Green Beans  | Peas Sweetcorn | Carrot & Swede Mash Cabbage | Sweetcorn Roasted Peppers | Peas Baked Beans |
| | Dessert | Pear and Chocolate Crumble with Custard  | Yoghurt & Raisin Cake | Iced Sponge | Seasonal Root Cake  | Vanilla Shortbread  |
| | Or a choice of Yoghurt & Fresh Fruit available daily | | | | | |

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|--|------------|---|---|--|---|---|
| W/C 7th Nov 28th Nov 2nd Jan 23rd Jan 20th Feb 13th Mar | Option 1 | Mac & Cheese | Chicken Pie with New Potatoes and Gravy  | Sausage, Onions and Gravy with Mash Potatoes | Spaghetti Bolognese with Garlic Bread  | Fishfingers with Chips |
| | Option 2 | Aubergine & Potato Curry Curry served with Rice | Shepherdess Pie with New Potatoes and Gravy  | Cauliflower and Broccoli Cheese with Mash Potatoes | Vegetable Fajitas with Rice  | Mexican Roll with Chips  |
| | Vegetables | Peas Carrots | Broccoli Sweetcorn | Carrots Brussel Sprouts | Green Beans Roasted Butternut Squash | Peas Baked Beans |
| | Dessert | Chocolate Drizzle Cake | Jelly & Mandarins  | Apple & Raisin Flapjack | Apple & Blackberry Roll with Custard | Oaty Cookie  |
| Or a choice of Yoghurt & Fresh Fruit available daily | | | | | | |

| | | | | | | |
|--|------------|---|---|--|---|----------------------------|
| W/C 14th Nov 5th Dec 9th Jan 30th Jan 27th Feb 20th Mar | Option 1 | Cheese and Tomato Pizza  | Sausage Roll with Potato Wedges | Roast Chicken with Stuffing, Roast Potatoes and Gravy  | Sticky Chicken Noodles  | Fishfingers with Chips |
| | Option 2 | Veggie Chilli with rice  | Veggie Sausage with Potato Wedges  | Roast Quorn Fillet with Stuffing, Roast Potatoes and Gravy  | Chinese Vegetable Curry with Rice  | Cheese Quiche with Chips |
| | Vegetables | Green Beans Carrots | Baked Beans Sweetcorn  | Cauliflower Peas | Broccoli Carrots | Mushy Peas Baked Beans |
| | Dessert | Marble Cake | Chocolate Cookie | Apple & Berry Crumble & Ice Cream | Banana Sponge with Custard | Apple, Cheese and Crackers |
| Or a choice of Yoghurt & Fresh Fruit available daily | | | | | | |

Available Daily:

- Freshly cooked jacket potatoes with a choice of fillings (where advertised)
- Bread freshly baked on site daily
- Daily salad selection

ALLERGY INFORMATION:

If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.

Autumn Winter 2022 Gorse Hill Primary Coded Menu

| | | Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|---|---|--|---|---|
| W/C 31 st Oct 21 st Nov 12 th Dec 16 th Jan 6 th Feb 6 th Mar 27 th Mar | Option 1 | Cheesy Swirl with New Potatoes #V27 #SD2 | Chicken Curry with Rice #C86 #SD84 | Roast Chicken with Stuffing, Roast Potatoes and Gravy #C1 #SD7 #SD82 #SD40 #SD118 | Beef Burger served in a bun with Potato wedges #B5 #SD17 #SD6 | Fishfingers/ Salmon Fishfingers with Chips #F6 / #F1 #SD5 |
| | Option 2 | Tomato Pasta #V188 #SD11 | Veggie Wrap Stack with Rice #V105 #SD84 | Crunchy Top Veg Bake with Roast Potatoes #V193 #SD7 #SD82 #SD107 | Vegetable Burger served in a bun with potato wedges #BB3 #SD17 #SD6 | Cheese Omelette with Chips #V24 #SD5 |
| | Vegetables | Cauliflower #SD27 Green Beans #SD24 | Peas #SD18 Sweetcorn #SD19 | Carrot & Swede Mash #SD53 Cabbage #SD35 | Sweetcorn #SD19 Roasted Peppers #SD26 | Peas #SD18 Baked Beans #SD22 |
| | Dessert | Pear and Chocolate Crumble with Custard #D142 #D2 | Yoghurt & Raisin Cake #D172 | Iced Spong #D177 | Seasonal Root Cake #D211 | Vanilla Shortbread #D57 |
| | Or a choice of Yoghurt & Fresh Fruit available daily | | | | | |
| W/C 7 th Nov 28 th Nov 2 nd Jan 23 rd Jan 20 th Feb 13 th Mar | Option 1 | Mac & Cheese #MC10 | Chicken Pie with New Potatoes and Gravy #SD2 #C71~#D107 | Sausage, Onions and Gravy with Mash Potatoes #P3 #SD1 #SD7 #SD118 #SD116 | Spaghetti Bolognaise with Garlic Bread #B37 #SD8 #SD50 | Fishfingers with Chips #F6 #SD5 |
| | Option 2 | Aubergine & Potato Curry served with Rice #V209 #SD84 | Shepherdess Pie with New Potatoes and Gravy #V170 #SD2 #SD107 | Cauliflower and Broccoli Cheese with Mash Potatoes #V210 #SD1 | Vegetable Fajitas with Rice #V211 #SD84 | Mexican Roll with Chips #V161 #SD5 |
| | Vegetables | Peas #SD18 Carrots #SD28 | Broccoli #SD20 Sweetcorn #SD19 | Carrots #SD28 Brussel Sprouts #SD64 | Green Beans #SD24 Roasted Butternut Squash #SD31 | Peas #SD18 Baked Beans #SD22 |
| | Dessert | Chocolate Drizzle Cake #D198 | Raspberry Jelly with Mandarins #D217 | Apple & Raisin Flapjack #D59 | Apple & Blackberry Roll with Custard #D218 #D2 | Oaty Cookie #D85 |
| | Or a choice of Yoghurt & Fresh Fruit available daily | | | | | |
| W/C 14 th Nov 5 th Dec 9 th Jan 30 th Jan 27 th Feb 20 th Mar | Option 1 | Cheese and Tomato Pizza #V203 | Sausage Roll with Potato Wedges #P19 #SD6 | Roast Chicken with Stuffing, Roast Potatoes and Gravy #C4 #SD7/#SD82 #SD40 #SD118 | Sticky Chicken Noodles #C87 | Fishfingers with Chips #F6 #SD5 |
| | Option 2 | Veggie Chilli with Rice #V138 #SD84 | Veggie Sausage with Potato Wedges #V182 #SD6 | Roast Quorn Fillet, Roast Potatoes, stuffing & Gravy #V204 #SD7/#SD82 #SD40 #SD118 | Chinese Vegetable Curry with Rice #V212 #SD84 | Cheese Quiche with Chips #V113 #SD5 |
| | Vegetables | Green Beans #SD24 Carrots #SD28 | Baked Beans #SD22 Sweetcorn #SD19 | Cauliflower #SD27 Peas #SD18 | Broccoli #SD20 Carrots #SD28 | Mushy Peas #SD111 Baked Beans #SD22 |
| | Dessert | Marble Cake #D199 | Chocolate Cookie #D40 | Apple & Berry Crumble & Ice Cream #D74 #D13 | Banana Sponge with Custard #D173 #D2 | Apple, Cheese and Crackers #D4 |
| | Or a choice of Yoghurt & Fresh Fruit available daily | | | | | |

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