

Safeguarding Curriculum

	Autumn Term (T1 & T2)	Spring Term (T3 & T4)	Summer Term (T5 & T6)
Whole School	Who are my trusted adults? – T1	Internet Safety Day – T3	World Day for Cultural Diversity – T5
	Mental Health Awareness Day – T1	Children's Mental Health Week – T3	
	Road Safety Week – T2	NSPCC Speak out, Stay safe – T3	
	Anti-bullying Week – T2	National Child Exploitation Awareness Day – T3	
	Fireworks & fire safety – T2		
Nursery	Fire Safety (fire brigade visit)	Stranger danger	Respecting my body
	Feelings, rights & responsibilities	Our bodies – keeping clean & healthy eating	Falling out and bullying; making friends
Reception	CARE Values & school rules	Mental well-being	Feeling lonely and how we can stop us feeling this way
	Forming new friends / respectful friendships	Physical health & fitness / healthy eating	Changing bodies / caring friendships
	Being safe	Others who help us (visit from the Police)	
	Fire Safety (fire brigade visit)		
	Oral hygiene (dentist visit)		
Year 1	Bullying: What is bullying and what do I do about bullying?	Keeping healthy – healthy and unhealthy choice; keeping clean; knowing that germs can cause	Relationships – People who help us
		illness	Relationships – Recognise which forms of physical contact are acceptable and
		Identify people who keep us safe	unacceptable
		Road safety	
Year 2	Bullying: Why does bullying happen? Standing up for myself	Keeping healthy – know how to keep our bodies heathy; learn how medicines work and know how	Worries and secrets
		to use them safely	Understand that some forms of physical touch are acceptable and others
		Healthy food	unacceptable within a family unit
			Private parts of our bodies
Year 3	Bullying: What is a witness to bullying?	Feeling anxious or scared	Online Safety: Strategies to keep ourselves safe & who to turn to for help —
		Healthy Food & Exercise	Relationships
		Strategies to keep ourselves safe; calling the emergency services	

Year 4	British Value of 'Democracy' Bullying: Understanding bullying	People, places and things (including drugs) that we need to keep safe from Smoking & Alcohol: Understand the impact that this has on health Peer pressure & healthy friendships	Online Safety: Rights and responsibilities of an online community; staying safe when online; managing screen time; resisting pressure from others of using technology inappropriately – Relationships
Year 5	 Attitudes to race and understanding of cultural differences Racism – What is racism? 	Health risks of smoking and alcohol; resisting peer pressure; risks of alcohol misuse First Aid; know who to contact in an emergency	SRE & Puberty
Year 6	 Power struggles – How can the behaviour of one impact on and influence a group? British Value of 'Democracy' Bullying – Why bully? Being treated badly and feeling excluded 	Problems & issues in the world that concern me – who can I talk to? Physical health, emotional health & wellbeing Drug use and impact on the body Exploitation and the rule of law Peer pressure	 Poolside and water safety Mental health – How can I take care of this? Power and control – When is someone's behaviour controlling? Online safety – Judging whether something online is safe to use; using technology safely ourselves and within an online community SRE & Puberty Peer pressure within relationships Transition Junior Good Citizens