

Allergy/Intolerance Menu

14 EU Allergen Free Menu (Except Fish)

Allergy / Intolerance:

Child Name / Area :

Dates / Term:

WHF

Autumn Winter 2023-24

Implementation Date

*All recipe codes are given in bold (e.g., **F6**) - to find the recipe on Sharepoint start your search with the letters PRI - e.g., **PRIF6**.

DATES	WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday
30/10/2023 20/11/2023 11/12/2023 8/01/2024 29/01/2024 26/02/2024 18/03/2024	Option 1	NGCI39 NGCI Vegetable Pasta Bake	B81 Beef & Bean Burger Patty (No Bun) with SD6 Potato Wedges	C4 Roast Chicken SD82 Roast Potatoes & SD118 Gravy	B2 Beef Bolognaise with NGCI24 NGCI Pasta	NGCI5 NGCI Fishfingers with SD5 Chips & SD14 Tomato Sauce
	Option 2	Jacket Potato with Beans, Tuna (No Mayonnaise) or Vegan Sheese SD55 F17 V216	V236 Vegan Burger Patty (No Bun) with SD6 Potato Wedges	V238 Plant Sausages with SD82 Roast Potatoes & SD118 Gravy	V239 Five Bean Chilli with SD84 Rice	Jacket Potato with Beans, Tuna (No Mayonnaise) or Vegan Sheese SD55 F17 V216
	Vegetables	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day
	Dessert	NGCI31 Chocolate Mandarin Cake	D223 Freshly Chopped Fruit Medley	D235 Fruit Jelly with Mandarins	NGCI32 Banana and Chocolate Cake	NGCI6 Vanilla Shortbread
DATES	WEEK 2	Monday	Tuesday	Wednesday	Thursday	Friday
6/11/2023 27/11/2023 18/12/2023 15/01/2024 5/02/2024 4/03/2024 25/03/2024	Option 1	V188 Tomato & Butterbean Sauce with NGCI24 NGCI Pasta and V216 Vegan Sheese	PRIB55 Cottage Pie	C4 Roast Chicken SD82 Roast Potatoes & SD118 Gravy	C17 Jerk Chicken with SD84 Rice	NGCI5 NGCI Fishfingers with SD5 Chips & SD14 Tomato Sauce
	Option 2	Jacket Potato with Beans, Tuna (No Mayonnaise) or Vegan Sheese SD55 F17 V216	V244 Plant Based Sausage with SD6 Potato Wedges	TD56 Parsnip Loaf with SD82 Roast Potatoes & SD118 Gravy	V237 Veggie Meatballs in V225 Tomato Sauce with SD84 Rice	V236 Vegan Burger Patty with SD5 Chips
	Vegetables	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day
	Dessert	NGCI11 Italian Vanilla Cake	NGCI15 Crumble topping with Apple filling (No Custard)	D224 Fruit Medley	NGCI12 Chocolate Cake (No Chocolate Sauce)	NGCI6 Vanilla Shortbread
DATES	WEEK 3	Monday	Tuesday	Wednesday	Thursday	Friday
13/11/2023 4/12/2023 1/01/2024 22/01/2024 19/02/2024 11/03/2024	Option 1	V225 Tomato Sauce with NGCI24 NGCI Pasta and Vegan Sheese topping V216	NGCI36 NGCI Mexican Chicken with SD84 Rice	Roast of the Day and SD118 Gravy with SD82 Roast Potatoes	C70 Chicken & Gravy Pie with Mashed Potato Top	NGCI5 NGCI Fishfingers with SD5 Chips & SD14 Tomato Sauce
	Option 2	NGCI23 NGCI Spicy Bean Burger Patty with SD6 Wedges	NGCI35 NGCI Mexican Black Beans with SD84 Rice	V238 Veggie Sausages and SD118 Gravy with SD82 Roast Potatoes	V41 Vegetable Hotpot with SD1 Mashed Potato	Jacket Potato with Beans, Tuna (No Mayonnaise) or Vegan Sheese SD55 F17 V216
	Vegetables	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day
	Dessert	NGCI11 Italian Vanilla Cake	NGCI48 Chocolate Orange Cookie	D225 Fruit Platter	NGCI11 Italian Vanilla Cake	NGCI7 Chocolate Shortbread

Note: no other menu options other than above should be offered in relation to this menu

ALLERGY INFORMATION: Whilst every opportunity has been taken to remove necessary allergens, we cannot rule out the risks of elements and traces of allergens within products and cross contamination within the kitchen environment. If this is a concern due to the severity of the allergy/ intolerance, then please email info@caterlinkltd.co.uk for someone to contact you.

Pupil Identification: Each child requiring a special diet should make their self known to the catering team and should be accompanied by a school representative, when receiving their meal.