



Mendip Activity Centre Kit List 2023

The emphasis must be on practical rather than fashionable clothing. All of the items below should be packed in a sports bag or preferably a small suitcase. The bag and all items inside should be labelled with your child's name.

Teddy (if you wish)
Sleeping bag (2/3 season one is recommended by the site - Aldi and Lidl sometimes get these in their specials if needed)
Extra blanket (if you wish)
Pillow with a pillowcase on it
Spare, labelled bin bag for return journey
Pyjamas (top and bottoms)
Towel (large enough for showers)
Toilet bag with toiletries including a toothbrush, toothpaste, shampoo etc (roll on deodorant only please, NO AEROSOLS)
Old trousers (at least two pairs - NOT JEANS)
Shorts/leggings (seasonal)
5 x T-Shirts (it would be advised to have spares)
Long sleeved tops (plenty - these are needed for climbing based activities)
Warm jumpers / sweatshirts (layers are best - at least one MUST NOT have a hood on)
Waterproof jacket and waterproof trousers (Kagool type)
Woolly hat and gloves (depending on weather forecast)
Sufficient underwear and socks (including spares)
Wellington boots or walking shoes
Trainers (these must be closed toe - two pairs - one to get wet)
Old towel for activities
Reuseable water bottle (labelled with name)
3 carrier bags for wet/muddy clothes
Torch and spare batteries (labelled with name)
Sun hat, sun cream, sunglasses and lipsil
Insect repellent
Reading book
Pencil and paper
Pack of tissues

All children will need a rucksack/backpack which is large enough to carry their own lunch and required clothing.

Lunch and water bottle for the journey down should be stored in this rucksack & taken on the coach. No other food should be supplied including sweets.

Please make sure that children do not bring any electrical equipment including digital cameras or mobile telephones. Children must not have jewellery with them or their favourite clothing or shoes.