



**Grange Junior
School**



Dear Parents / Carers,

We are pleased to offer FREE Bikeability Level 1 cycle skills training for our Year 4 class in 2026.

We have booked training in Term 3, January 2026 with our local provider, Life Cycle. If you wish your child to take part in this training, please complete your consent online via the link / QR code below. Please do this as soon as possible by the very latest Friday 19th December 2025 to allow us to confirm the training dates with Life Cycle.

The training will take place in the school playground, with qualified instructors, but children must be able to cycle already, it is not a learn-to-ride course. The 2-hour course takes the children through all their control skills and it is a great preparation to enable the children to better access the on-road training later in their school journey.

Each child needs a roadworthy cycle, with front and rear working brakes and tyres fully pumped up, to take part in the training, and a helmet.

Once you have submitted your consent you will be able to receive helpful information by email about the Bikeability training and how to prepare your child and their cycle.

URL: <https://consent.bikeability.org.uk/via-false-alone>



QR code:

Yours sincerely

Mrs H Gordon
Head Teacher