

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Man Meal 1</b> Halal All main meals come with free veg or side salad	Cheese, chicken Enchilada with rice & vegetables	Meat & potato pie with gravy and veg	Roast turkey with potatoes, gravy and veg	Mac n cheese pitta bread & vegetables	Double cod fish finger on a bun with chips and fresh crisp salad
<b>Man Meal 2</b> Halal All main meals come with free veg or side salad	Cheese & bean Enchilada with rice & vegetables	Quorn & potato pie with gravy and veg	Vegetarian sausage roll with new potatoes & vegetables	Cheese & broccoli quiche pitta bread & vegetables	Pizza & chips
<b>Hot snacks</b> Halal All main meals come with free veg or side salad	Panini/baguette Cheese or cheese & ham or Jacket potato with beans, tuna mayo or cheese Or Pasta in tomato & herb sauce	Panini/baguette Cheese or cheese & ham or Jacket potato with beans, tuna mayo or cheese Or Pasta in tomato & herb sauce	Panini/baguette Cheese or cheese & ham or Jacket potato with beans, tuna mayo or cheese Or Pasta in tomato & herb sauce	Panini/baguette Cheese or cheese & ham or Jacket potato with beans, tuna mayo or cheese Or Pasta in tomato & herb sauce	Panini/baguette Cheese or cheese & ham or Jacket potato with beans, tuna mayo or cheese Or Pasta in tomato & herb sauce
<b>Sides</b>	Pitta bread Carrots Baked beans	Carrots Mash potato Baked beans	Herb diced potatoes mixed veg Baked beans	Crusty cob Broccoli Baked beans	Chips Peas Baked beans
<b>Sweet treats</b>	Fruity flapjack	Homemade biscuit	Fruit crumble & custard	Homemade biscuit	Selection of muffins

A selection of freshly made sandwiches and baguettes, fresh fruit, yoghurts and a selection of drinks available daily