

COVID-19 Contingencies

Cidari | All Academies | All Staff

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The following sets out the approach for managing COVID within Cidari Academies. This reflects the latest DfE, NHS and local Public Health protection team guidance. This will be adapted as required in response to the local and national position.

Symptomatic Individuals

Anyone who is symptomatic must isolate and take an immediate PCR test. They must remain in isolation until they receive either a negative result or until ten FULL days after the start of their symptoms. The first day of symptoms is day zero.

If a symptomatic individual does not take a PCR test and their symptoms clear, we will not allow them to return to school until what would have been the end of their isolation period.

LFT tests should not be used to assess symptoms, in our settings they are for asymptomatic testing only. If an individual feels unwell or has concerns regarding possible symptoms they should isolate immediately and arrange a PCR, not take an LFT.

Asymptomatic Individuals and Lateral Flow Tests

If someone has previously tested positive with a PCR test, they should not be tested using either PCR or rapid lateral flow tests for 90 days, unless they develop new symptoms during this time – in which case they should be retested immediately using PCR.

If someone tests positive on a lateral flow test they should follow the isolation guidance as set out above immediately and arrange a PCR test.

Who else needs to isolate?

If someone you live with has symptoms of COVID-19, or has tested positive for COVID-19, you will not need to self-isolate if any of the following apply:

- you're fully vaccinated – this means 14 days have passed since your final dose of a COVID-19 vaccine given by the NHS
- you're under 18 years, 6 months old
- you're taking part or have taken part in a COVID-19 vaccine trial
- you're not able to get vaccinated for medical reasons

Even if you do not have symptoms, you should still:

- get a PCR test on GOV.UK to check if you have COVID-19
- follow advice on how to avoid catching and spreading COVID-19

- consider limiting contact with people who are at higher risk from COVID-19

Close Contact Lateral Flow Testing

Anyone aged 5 years and over, who has been identified as a contact of someone with COVID-19 and who is not legally required to self-isolate, is now strongly advised to take a rapid lateral flow device (LFD) test every day for 7 days or until 10 days since their last contact with the person who tested positive for COVID-19 if this is earlier. If any of these LFD tests are positive they should self-isolate in order to protect other people.

Responding to Positive Cases in an Academy

A single individual tests positive

<p>A single individual tests positive for Covid in a class.</p> <p>There are fewer than 5 cases in the year group/ 3 within the Class or Club</p> <p>No other year groups are affected.</p>	<p>The individual self-isolates for 10 days. If a pupil remote learning will be provided if they are well enough to complete it.</p> <p>The individual (or parents if a child) are contacted directly by NHS Track and Trace to establish likely contacts.</p> <p>Likely contacts will be contacted by NHS Track & Trace and advised to book at PCR Test. The Academy will contact parents to advise this if close contacts are known.</p> <p>Children do not need to miss school or self-isolate whilst they wait for the result of the PRC test unless they have Covid Symptoms.</p> <p>See paragraph above regarding Close Contact Lateral Flow Testing.</p> <p>The case should be reported to the Trust via the appropriate form.</p>
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3 individuals within a class or club test positive, or 5 within a year group within ten days of each other

<p>There have been 3 cases of Covid within a class or club within 10 days which could mean that Covid is spreading within that group of children.</p> <p>There have been 5 cases of Covid across a year group within 10 days which could mean that</p>	<p>As above for each positive case.</p> <p>The Trust will discuss the outbreak with the local Public Health Protection team and agree strengthening protective measures for 10 school days. These may include:</p> <ul style="list-style-type: none"> • Re-introducing staff face masks for corridors & communal areas. • Reducing mixing between the affected group and the rest of the Academy. • Adapting, Limiting or postponing indoor sporting events, trips, open days and performances. • Reverting to video-link collective worship in classrooms.
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Covid is spreading within that group of children.	<ul style="list-style-type: none"> ● Reducing the amount of classes staff work across. ● Resuming twice-weekly Staff Lateral flow testing.
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What happens if despite measures above cases continue to rise?

If cases continue to rise within the 10 day period that suggests that Covid is spreading rapidly throughout the Academy. In this situation an Incident Management Team meeting will be held between the Academy, Trust and local Public Health to agree further measures, for a further 10 school days. This may include:

- Re-introducing class bubbles.
- Reverting to class-based school lunches.
- Limiting all non-essential visitors to school.
- Postponing all non-essential events.
- Re-introducing remote learning for individual classes for 10 school days considered.

COVID in the wider community

Low community transmission and no Academy cases

If the local position is that there are no active cases within an Academy for a ten day period and cases locally are low (coupled with low national hospitalisation and death rates), then no additional Covid measures are required. Continue to reiterate:

Good hand hygiene

Good ventilation where possible

Considering social distance for longer contact periods where practical

Ensuring everyone is familiar with the stay at home guidance and the need to have a PCR test.

Rapidly rising community transmission

There may be no current cases reported within the Academy but cases are rising rapidly in the community. As a result limited measures will be implemented in school. These include:

Ventilation increased where possible.

Supervision of pupil handwashing.

Indoor public performance audience numbers reduced.

Restrictions to visitors to school.

Staff room capacity reduced.

Reduction in large in school gatherings and move to online whole school collective worship.



Cancellation of trips and visits.

Re-implementation of mitigation and control measures including (but not limited to)

- One way systems.
- Staggered start and finish times.
- Staggered break and lunches.
- Re-implementation of bubbles.
- Class closure.

Quarantine & Travel

Rules for children and young people returning to the UK (excluding Red list)

Children aged 4 and under do not have to take any COVID-19 travel tests.

Children aged 12 to 17 must take a COVID-19 test in the 2 days before travel to England.

Children aged 5 to 17 have to follow the testing and quarantine rules for people who qualify as fully vaccinated on arrival in England. This means that they have to quarantine on arrival and take a PCR test on or before day 2.

There are different rules for children who have been in a red list country or territory in the 10 days before they arrive in England.

Rules for adults returning to the UK (excluding Red list)

Rules if you're fully vaccinated

Before you travel to England you must:

- take a COVID-19 test – to be taken in the 2 days before you travel to England
- book and pay for a COVID-19 PCR test – to be taken after you arrive in England
- complete a passenger locator form – to be completed in the 48 hours before you arrive in England

When you arrive in England – fully vaccinated


- After you arrive in England you must take a COVID-19 PCR test. This is the test that you booked before travel.
- You can take the test any time after you arrive and before the end of day 2 at the latest. The day you arrive is day 0.

You must quarantine in your home or the place you are staying while you await your test result. Guidance on quarantine can be found here

<https://www.gov.uk/guidance/how-to-quarantine-when-you-arrive-in-england>.

What qualifies as Fully Vaccinated?

To qualify under the fully vaccinated rules for travel to England, you must have proof of full vaccination with a full course of an approved vaccine.



You must have had your final dose of the vaccine at least 14 days before you arrive in England. The day you had your final dose does not count as one of the 14 days.

- The proof of vaccination must have been issued by either:
- the UK vaccination programme
- the United Nations vaccine programme for staff and volunteers
- an overseas vaccination programme with an approved proof of vaccination for travel to the UK

You can check if you qualify as fully vaccinated by visiting

<https://www.gov.uk/guidance/countries-with-approved-covid-19-vaccination-programmes-and-proof-of-vaccination>

Rules for anyone returning from a red list country (including children who have visited a red list country in the previous 10 days)

If you have been in a country or territory on the red list in the 10 days before you arrive in England, you will only be allowed to enter the UK if you either:

- are a British or Irish National
- have residence rights in the UK


If you live in England, you should not travel to countries or territories on the red list.

For the full list of Red List countries and the rules that apply including pre departure and arrival testing, visit

<https://www.gov.uk/guidance/red-list-of-countries-and-territories#travelling-with-children---red-list-rules>.

Free School Meals

The Trust will provide vouchers to the value of £2.50 a day for any child isolating who is eligible for free school meals. These can be ordered by the Academy on the google form.



Case Workflow

