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| **Subject: BTEC Health and Social Care Tech Award (2022)** |
| **Exam Board: Pearson edexcel** |
| **Mock paper - 60 marks – 2 hours** |
| * **Health and Wellbeing**
* **Genetic inheritance**
* **Ill health**
* **Diet, exercise and personal hygiene**
* **Alcohol, smoking and drugs**
* **Social interactions**
* **Stress**
* **Asking for help**
* **Factors (economic, environmental and housing)**
* **Life event**
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| **Useful revision resources:**Pearson BTEC specification for Health and Social Care:[Health and Social Care specification](https://qualifications.pearson.com/content/dam/pdf/btec-tec-awards/health-and-social-care/2017/specification-and-sample-assessments/tech-award-HSC-spec.pdf) Revision guide for Health and Social Care:[Revision guide for health and social care](https://www.amazon.co.uk/Pearson-REVISE-Health-Social-Revision/dp/1292436123/ref%3Dasc_df_1292436123/?tag=googshopuk-21&linkCode=df0&hvadid=570321680287&hvpos=&hvnetw=g&hvrand=1620857263735128928&hvpone=&hvptwo=&hvqmt=&hvdev=c&hvdvcmdl=&hvlocint=&hvlocphy=9046509&hvtargid=pla-1657523522288&psc=1&th=1&psc=1)  |
| **Revision Tips*** Read over your notes in each section
* Make revision resources (posters, cue cards, shortened notes, spray diagrams, post it notes etc.) complete quizzes, watch videos
* Complete exam questions and check against the mark scheme.

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| Date | Topic area | Watched video? | Made notes? | Quiz? | Exam-style questions attempted? |
| 20.01.25 | Factors that affect growth and development |  |  |  |  |
| 27.01.25 | Health indicators |  |  |  |  |
| 03.02.25 | Person centred care |  |  |  |  |
| 10.02.25 | Obstacles and circumstances |  |  |  |  |
| 24.02.25 | Support |  |  |  |  |

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