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| **GCSE Food Preparation & Nutrition** Revision List Summer 2025  |
| Exam information:**Exam Board:** AQA (8575)**Paper Information:** 1 paper which will include MCQs and Short and Long answer questions related to the 5 core areas covered this year. **Paper marks:** 71 marks**Duration:** 1 hour  |
| **Topics to study.**  | **Revised?** |
| **Food Nutrition and Health** – proteins, carbohydrates, fats, vitamins minerals, dietary health conditions & the Eatwell Guide/8 healthy eating guidelines.  |   |
| **Food Science:** Heat transfer, cooking methods, protein science, fats science, carbohydrates science and Raising Agents. |   |
| **Food Safety:** Key food safety temperatures, food poisoning bacteria, contamination (physical, biological and chemical), temperature probes, storage, preparation and cooking of food.  |   |
| **Food Choice:** life stages, religion, sensory testing methods. |   |
| **Food Provenance:** organic/ free-range farming, primary and secondary processing milk and cheese) Heat treatment methods milk.  |   |
| **Revision Links/resources**  |
|  * Seneca Learning
* GCSEpods (on Teams)
* PowerPoints (on Teams)
* Past paper questions and mark-schemes (on Teams)
* Knowunity
* Quizlet
* Clear revise GCSE Food Preparation & Nutrition revision guide.
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