

Subject: BTEC Health and Social Care Tech Award (2022)

Exam Board: Pearson edexcel

Mock paper - 60 marks – 2 hours

- Health and Wellbeing
- Genetic inheritance
- Ill health
- Diet, exercise and personal hygiene
- Alcohol, smoking and drugs
- Social interactions
- Stress
- Asking for help
- Factors (economic, environmental and housing)
- Life event

Useful revision resources:

Pearson BTEC specification for Health and Social Care:

[Health and Social Care specification](#)

Revision guide for Health and Social Care:

[Revision guide for health and social care](#)

Revision workbook for Health and Social Care:

[Revision workbook](#)

Revision Tips

- Read over your notes in each section
- Make revision resources (posters, cue cards, shortened notes, spray diagrams, post it notes etc.) complete quizzes, watch videos
- Complete exam questions and check against the mark scheme.

Date	Topic area	Watched video?	Made notes?	Quiz?	Exam-style questions attempted?
15.01.24	Assessing health and wellbeing				
22.01.24	Life data				
29.01.24	Designing a health and wellbeing improvement plan				
05.02.24	Obstacles to plans				