

6th October 2023

Dear Parent/Carer

The school's Student Leaders have recently suggested that the school holds an event to support the Mental Health Charity, Papyrus.

Papyrus is a national charity, although locally based in Warrington, and is dedicated to the prevention of young suicide and the promotion of positive mental health and emotional wellbeing in young people. We have decided to hold a non-uniform day on World Mental Health Day, **Tuesday 10th October**, to raise awareness. Further information about the work of Papyrus and information on mental health, emotional wellbeing and suicide prevention can be found at www.papyrus-uk.org

On Tuesday, students have the option of donating £1 and being able to wear casual clothing. Money will be collected during Form Time on Tuesday morning. Students who arrive late may donate their money at reception. It is often the case that some parents may wish to give more to the cause and if that is the case, we are pleased to receive it and pass it on to the charity. All money raised will be donated to Papyrus and we would encourage as many students and staff as possible to take part and to help raise money for this worthy cause. If a student prefers not to take part, that is not a problem.

Please note that offensive slogans, crop tops, shorts are not allowed. If your child is timetabled for PE that day, they should bring their school PE kit as normal. It is essential that all students still bring their equipment for school and the school rules of make-up and jewellery still apply.

Throughout the week the Pastoral team, our school counsellors and our wellbeing ambassadors will also be raising awareness of mental health. Next week we will also be sharing this term's wellbeing newsletter with families.

We thank you for your support in advance.

Best wishes



Mrs R Wardle
Deputy Headteacher
Senior Mental Health Lead