Exam Board: Pearson Edexcel	
Mock paper: 1.45 minutes- 36% of	Mock Paper 2: 1.15 minutes- 24% of
qualification	qualification
Paper 1 Content: Fitness and Body Systems	Paper 2 Content: Health and Performance
Fopic 1: Applied anatomy and physiology	Topic 1: Health, fitness and wellbeing
Fopic 2: Movement analysis	Topic 2: Sport psychology
Горіс 3: Physical training	Topic 3: Socio-cultural influences
opic 4: Use of data	Topic 4: Use of data
Useful revision resources:	
To help with revision please use:	
GCSE POD	
GCSE Bitesize	
Edexcel past papers and mark schemes.	
Red revision guides and white exam books. Yo	ou should have a copy of each. See your class
teacher if not.	
Resources available in Google classrooms:	
Ms Hall- <b>ehoraxr</b>	
Mr Pearson- <b>wtlqxvv</b>	
Revision Tips	
	nowledge. Use your blue sheets as a checklist.
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Start by looking to identify any gaps in your kr	nowledge. Use your blue sheets as a checklist.