

Psychology Revision List Summer 2026

Paper 1 will be a true paper 1 exam. It will be **2 hours long** and it will be out of **96 marks**. There will be 4 topics: **Social Influence, Memory, Attachment and Clinical psychology + mental health**.

Paper 2: This will reflect a paper 2 exam. It will be **2 hours long** and it will be out of **96 marks**. There will be 3 topics: **Approaches, biopsychology* and Research Methods**. You will need a calculator for this exam.

***Note: even though you have not specifically studied biopsychology, the content from approaches: the biological approach overlaps, and the exam has been adapted to suit this.**

Topic	Revised?
Paper 1	
Social Influence	
Types of conformity	
Explanations of obedience including situational and dispositional explanations and Milgram's study	
Explanations of resistance to social influence including social support and locus of control	
Minority social influence	
Memory	
Models of memory including multi-store memory model and the working memory model	
Explanations of forgetting: retrieval failure and interference	
Eyewitness testimony including factors impacting and how to improve (cognitive interview)	
Attachment	
Strange situation including types of attachments and cultural variations	
Animal studies	
Explanations of attachment - learning and monotropic	
Maternal deprivation	
Effects of institutionalisation, including the English Romanian Adoptees Project	
The influence of early attachment on childhood and adult relationships	
Clinical Psychology and Mental Health	
Definitions in the field of mental health	
Phobias including characteristics, explanations and treatments	
OCD including characteristics, explanations and treatments	
Depression including characteristics, explanations and treatments.	
Paper 2	
Research methods	
Experimental methods including variables, hypotheses, types, designs, sampling	
Non-experimental methods including self-report techniques, observations, case studies	
Aims and hypotheses	
Controls, standardisation, types of validity, reliability, pilot studies	
Peer review, content analysis	
Ethics / ethical implications and implications of research on the economy.	
Descriptive statistics including calculations and presentation and display of data	
Inferential testing – sign test.	
Approaches	
Learning approaches: behaviourism and SLT	
Cognitive approach	
Psychodynamic approach	
Humanistic approach	
Comparisons of approaches	

Biopsychology.	
The fight or flight response including the role of adrenaline.	
The divisions of the nervous system including parasympathetic and the sympathetic nervous system.	
The process of synaptic transmission	
Localisation of function in the brain and hemispheric lateralisation:	
Genetic inheritance including genotype and phenotype	
Cognitive neuroscience	
Evolution	
Revision Links	
<p>Research Methods: Remember Methods will appear in every paper so could contribute up to 30% of your overall A level result – so you must know all of methods for all 3 exam papers.</p> <p>Revision Resources - all on TEAMS and A Level Psychology (sharepoint.com)</p> <ul style="list-style-type: none"> • A3 crunch sheets & Q&A's • Core Notes, Activity booklets & Class PPTs • DIRT from past assignments including exemplar answers • Past papers 	