# Yr 12 Psychology EOY Mock: Assessments & Revision List

Date of exam: 21/06/2024	Full Paper 1 - 120 mins
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### **Topics to Revise**

#### **Social Influence:**

- Types of conformity: internalisation, identification and compliance.
- Explanations for conformity: informational social influence and normative social influence, and variables affecting conformity including group size, unanimity and task difficulty as investigated by Asch.
- Conformity to social roles as investigated by Zimbardo.
- Explanations for obedience: agentic state and legitimacy of authority, and situational variables affecting obedience including proximity, location and uniform, as investigated by Milgram.
- Dispositional explanation for obedience: the Authoritarian Personality.
- Explanations of resistance to social influence, including social support and locus of control.
- Minority influence including reference to consistency, commitment and flexibility.
- The role of social influence processes in social change.

## Memory:

- The multi-store model of memory: sensory register, short-term memory and long-term memory. Features of each store: coding, capacity and duration.
- Types of long-term memory: episodic, semantic, procedural.
- The working memory model: central executive, phonological loop, visuo-spatial sketchpad and episodic buffer. Features of the model: coding and capacity.
- Explanations for forgetting: proactive and retroactive interference and retrieval failure due to absence of cues.
- Factors affecting the accuracy of eyewitness testimony: misleading information, including leading questions and post-event discussion; anxiety.
- Improving the accuracy of eyewitness testimony, including the use of the cognitive interview.

#### Attachment:

- Caregiver-infant interactions in humans: reciprocity and interactional synchrony.
- Stages of attachment identified by Schaffer.
- Multiple attachments and the role of the father.
- Ainsworth's 'Strange Situation'. Types of attachment: secure, insecure-avoidant and insecure-resistant.
- Cultural variations in attachment, including van ljzendoorn.
- Animal studies of attachment: Lorenz and Harlow.
- Explanations of attachment: learning theory and Bowlby's monotropic theory. The concepts of a critical period and an internal working model.
- Bowlby's theory of maternal deprivation. Romanian orphan studies: effects of institutionalisation.
- The influence of early attachment on childhood and adult relationships, including the role of an internal working model.

## **Psychopathology:**

• 4 Definitions of abnormality (A):

Statistical infrequency (S), Deviation from ideal mental health. (i) Deviation from social norms (D), Failure to function adequately (F),

- The behavioural, emotional and cognitive characteristics of phobias.
- The behavioural approach to explaining phobia: the two-process model, including classical and operant conditioning.
- The behavioural approach to treating phobias: systematic desensitisation, including relaxation and use of hierarchy; flooding.
- The behavioural, emotional and cognitive characteristics of obsessive-compulsive disorder (OCD).
- The biological approach to explaining OCD: genetic and neural explanations.
- The biological approach to treating OCD: drug therapy.
- The behavioural, emotional and cognitive characteristics of depression.
- The cognitive approach to explaining depression: Beck's negative triad and Ellis's ABC model;
- Cognitive behaviour therapy (CBT), including challenging irrational thoughts.

### **Research Methods:**

Remember Methods will appear in every paper so could contribute up to 30% of your overall A level result – so you must know all of methods for all 3 exam papers.

Check the <u>spec here as a checklist</u> of what you've covered this year (some won't be covered until next year)

Revision Resources - all on TEAMS and <u>A Level Psychology (sharepoint.com)</u>

- A3 crunch sheets & Q&A's
- Core Notes & Class PPTs
- DIRT from past assignments including exemplar answers
- Past papers
- Seneca topic tests

### **Revision Tips**

- Do a Revision Audit check TEAMS & folders for what you've done for each topic over the last year: A3 crunching, Q&A's, Extended Questions. If you don't know ASK me.
- If you haven't done something DO IT! (it will be useful/necessary)
- If you have DRILL IT!
- If you've drilled it TEST YOUR RETRIEVAL e.g. quizlet, quizizz, **Seneca** topic/end of unit tests
- Exam Questions & past papers should be the last point of revision