

Subject: A Level Physical Education	
Exam Board: AQA	
Open Book Assessment: 45 Minutes (45 Marks)	Invigilated Assessment: 75 minutes (60 Marks)
<p>Paper 1: Factors affecting participation in physical activity and sport</p> <p>You will be assessed in the following areas :</p> <ul style="list-style-type: none"> · Energy transfer · The respiratory system · Cardiovascular system · The theories of learning · Information processing · The impact of sport on society. · Amateurism & professionalism 	<p>Paper 2: Factors affecting optimal performance in physical activity and sport</p> <p>You will be assessed in the following areas :</p> <ul style="list-style-type: none"> · Injury · Training methods · Diet · Personality · Confidence · Arousal · Ethics · Violence · Commercialisation
<p>Useful revision resources:</p> <p>Please use your class books from the start of year 12 to help with your revision. In these you will find notes and practice assessment on all key content.</p> <p>Past papers and mark schemes accessible on the AQA website. https://www.aqa.org.uk/find-past-papers-and-mark-schemes</p> <p>Please use your google classrooms to access materials and Power Points that you have used throughout the course.:</p> <p>Miss Dorkin- xvafxeq Mr Edgar- 235xfep</p>	
<p>Revision Tips</p> <ul style="list-style-type: none"> ● Start by looking to identify any gaps in your knowledge. Use your blue sheets as a checklist. ● Create mind maps for each topic. ● Learn key terms/definitions. ● Use past papers to practice exam questions- use the mark schemes in the book to self-mark and analyse your progress. 	