



SAFEGUARDING

AND WELL-BEING NEWSLETTER

WELCOME

This has been an exciting first term, where we have spent a lot of time listening and reflecting on ways to continue to improve our school systems to meet the needs of all our pupils and their families.

In the new year there will be a lot of information and support that we look forward to sharing with you .

In the meantime we would like to wish all our families a warm, relaxing and safe holiday.

We understand that whilst Christmas holidays are usually a time of celebration it can be hard on some families and individuals and therefore this edition of the newsletter will share some ways to support those that need it

CHRISTMAS WISHES FROM GREAT SANKEY HIGH SCHOOL



This term saw our Christmas Card competition. Students were invited to design a card to represent the values of the school. Mr Evans was delighted to award Man Tsun in Year 9 with her prize. Congratulations to Poppy in Year 8 and Lauren in Year 7 who were close runner ups.



GREAT SANKEY HIGH SCHOOL FOOD BANK DRIVE

A massive well done to all our students and their families who have contributed an amazing amount of food to be donated to Warrington Food Bank. Times may be hard for everyone at the moment but the generosity of our community is amazing.

Here you can see a number of our students who have been organising the collection, ready for Mrs Masher and Mr McCann to drop off in the school minibus. We're certain these donations will bring a smile to many families.



FREE SCHOOL MEALS

All state funded infant school children, from reception to year two, receive a free school lunch. Your child, including those at Great Sankey High School may be eligible for free school meals outside of infant school if you receive certain benefits. Further information is available [here](#)

Visit the [gov.uk](https://www.gov.uk) website to see if your child could receive free school meals.

Do you need help from



THE MOST IMPORTANT STEP IS TO GET A FOODBANK VOUCHER

In order to provide the most appropriate help for the circumstances of your situation we work with local agencies. If they feel you are struggling to put food on the table, they will issue you with a foodbank voucher. The local agency can also provide long term support if needed to help address some of the issues behind the reasons for your crisis. Agencies we work with include: Citizens Advice, housing support officers, children's centres, health visitors, social services and some local charities.

To get in touch

If you [call](#) or [email](#) our foodbank we can talk through your situation and put you in touch with a relevant local agency.

Warm Spaces Initiative

LiveWire libraries have joined the 'Warm Spaces' initiative to offer warm and welcome spaces to the Warrington community over the colder months at a time when cost of living is on the rise.

The libraries are working together to provide a hot drink and a safe, warm space for those to spend time for a few hours over the week

This response is part of the national Warm Welcome initiative, which aims to provide a warm welcome to everyone so that no-one is left alone to face the challenges of the coming winter as fuel bills soar.

The schedule includes the following days and times for people to pop in:

Mondays

Westbrook Library – 11am – 1pm.

Lymm Library – 2pm – 4pm.

Tuesdays

Penketh Library – 11am – 1pm.

Birchwood Library – 4pm – 6pm.

Wednesdays

Burtonwood Library – 3pm – 5pm.

Thursdays

Orford Library – 11am – 1pm.

Woolston Library – 11am – 1pm.

Fridays

Stockton Heath Library – 10am – 12pm.

Saturdays

Padgate Library 10:30am-12:30pm

Culcheth Library 10:30am-12:30pm

Sundays

Warrington Library – 1pm-3pm



LiveWire



Rachel Ralston, Strategic Library Manager, said: 'warm spaces is designed to signpost anyone in need of warmth, to a warm space to share with others. We wanted to get involved with the initiative to help support the community with free, warm, safe places for people to come to when they need it the most. Every Warm Space in our libraries is a non-judgemental space; whatever the reason you have for needing to come in, you'll be treated the same and never judged.'

For more Warm Spaces, check out the interactive map for the UK –
[Spaces — Warm Spaces.](#)

COMMUNITY NOTICEBOARD

ASPIRE Holiday Scheme - Feb 23
Closing date for the Aspire Holiday Scheme is 3rd January 2023. To receive details of how to apply please email sensorycentre@warrington.gov.uk

WARRINGTON Borough Council

ASPIRE Holiday Scheme

6-17 yrs

Quality activities for children with disabilities and additional needs

WARRINGTON YZ
An OnSide Youth Zone
warringtonyouthzone.org

All abilities accommodated.
Staff are medication, personal care, PEG, MIC-KEY and Care-needs trained.

Monday 20th February - Thursday 24th February
9:30am-3:30pm

Green Lane and Fox Wood Schools, Woolston

Delivered by Warrington Youth Zone in partnership with Warrington Borough Council

Please contact sensorycentre@warrington.gov.uk to show your interest in February 2023 and you will receive an email with details on how to apply

Department for Education

WARRINGTON Borough Council
#HAF2022 PRESENTS

Afro-DANCE Workshop/Battle

The Old School Project Community Hall
Warrington WA1 3AJ

Dec 20th 21st 28th & 29th
2.15pm
Book online at www.twilight-therapy.co.uk

Hotfood cooked onsite
Karaoke box
Songwriting/raping battle
Arts and Crafts in the wellbeing room
A safe fun club with lots of Christmas Activities to choose from

To book your FREE place visit www.twilight-therapy.co.uk/HAF or scan the QR Code below

Attendees must reside in Warrington & be on free school meals otherwise a charge applies.

#HAF2022 are running a four-day Afro dance-workshop and Christmas party at the Old school project in Fairfield and Howley, Fairfield Street, WA1 3AJ on the 20th, 21st, 28th and 29th December at 2.15pm.

WARRINGTON Borough Council

active future MULTI SPORTS CAMPS

Active Future, working with Warrington council, are bringing a fun and exciting Christmas camp programme for children on benefits related Free School Meals for FREE.

At Active Future We strive to instil a love of movement for all ages. At our camp we will have a range of super fun activities such as dodgeball, football, fortnight, nerf wars, an Olympic day, animal therapy, mad science, arts and crafts, magic and comedy show, balloon modelling, a Christmas themed day where each kid will get a present! Kids will also be given a healthy hot meal cooked fresh every day.

EVENT DATES LOCATION AND TIME
10AM - 2PM
December 19th - December 23rd Penketh High School
December 28th - December 30th Heath Road Penketh
Warrington WA5 2BY

Scan this QR code to sign up!!

TO BOOK YOUR PLACE
FREE FOR CHILDREN ON PUPIL PREMIUM!

LOG ON TO: <https://campscul.active.com/orgs/ActiveFuture?season=3249138>
EMAIL: afwarrington@activefuture.info
OR CALL: 07868778133

Scan Me! For more information

active future THE APPRENTICE

We have found that one of the most productive ways of engaging children and young people is to bring the Digital World to life. To allow people to immerse themselves in the world they already know.

where: Cardinal Newman/Penketh High School
who: any young person aged 8-13 on FSM
When: 10am-2pm 19th-30th of December

The programme will provide children and young people with the opportunity to learn key life and business skills and then apply them to real life scenarios. It will take them out of their comfort zone and into the real world of business.

TO BOOK YOUR PLACE
please click the links below!!

Penketh High School: <https://campscul.active.com/orgs/ActiveFuture?season=3249138>
cardinal Newman High School: <https://campscul.active.com/orgs/ActiveFuture?season=3249232>
afwarrington@activefuture.info

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EVENT DATES LOCATION AND TIME
10AM - 2PM
21/12/22 - 23/12/22 Cardinal Newman High School
28/12/22 - 30/12/22 20 Bridgewater Avenue Warrington WA4 1RX

Scan this QR code to sign up!!

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kooth

In January we will be launching our new partnership with Kooth an online, confidential counselling service. They will be visiting Great Sankey High School and delivering a range of assemblies, workshops, drop-in sessions and Parent Information webinar. In the meantime Kooth have released a series of support guides to help with a range of difficulties that many people experience over Christmas. If your young person does need to speak to anyone over Christmas, Kooth are available at the following times:

kooth			
Chat opening hours (Christmas and New Year period)			
Saturday 24th December	Sunday 25th December	Monday 26th December	Tuesday 27th December
Christmas Eve 4pm-8pm	Christmas Day 4pm-8pm	Boxing Day 4pm-8pm	Bank Holiday 4pm-8pm
Saturday 31st December	Sunday 1st January	Monday 2nd January	
New Years Eve 4pm-8pm	New Years Day 4pm-8pm	Bank Holiday 4pm-8pm	

kooth.com



WELLBEING & HEALTH

There has been a number of cases of Strep A and Scarlet Fever reported in the local area. Parents and carers are reminded to look for the following symptoms. If you have any concerns you are reminded to contact either your GP service, 101 or 999.

UK Health Security Agency

#GroupAStrep

Swipe for more ►

Group A Strep (GAS)

GAS is a common bacteria which causes a range of infections including scarlet fever. These infections are usually mild.

Invasive Group A Strep (iGAS)

It can also cause a rare, more serious infection called Invasive Group A Strep (iGAS). This occurs when GAS bacteria gets into parts of the body where it causes serious disease, like the lungs or bloodstream.

UK Health Security Agency

#GroupAStrep

Group A Strep (GAS)

Cases of Invasive Group A Strep (iGAS) are rare. Some current cases are presenting with sepsis-like symptoms.

Be aware of important sepsis symptoms:

- Blue, pale or blotchy skin, lips or tongue - on darker skin, check for blueness on the lips, tongue or gums, under the nails or around the eyes
- rash that doesn't fade when you roll a glass over it
- difficulty breathing
- weak, high-pitched cry - not like their normal cry
- not responding like normal, not interested in feeding or normal activities
- being sleepier than normal or difficult to wake.

Group A Strep (GAS)

Parents should trust their judgement when their child is poorly. Speak to your GP or call 111 if your child is poorly and getting worse.

Always call 999 or go to A&E if your child:

- Is having difficulty breathing - such as grunting noises or their tummy sucking under their ribs
- there are pauses when your child breathes
- child's skin, tongue or lips are blue
- is floppy and will not wake up or stay awake.

DIRECTORY OF AVAILABLE MENTAL HEALTH SUPPORT

URGENT MENTAL HEALTH SUPPORT - 24/7 CRISIS LINES

Every mental health trust has a 24/7 crisis line for people of all ages - children, young people and adults.

The lines which are free to call can provide advice to those in a crisis. These crisis lines are supported by trained mental health advisors, 365 days a year.

You can find the 24/7 crisis line numbers using the [NHS Service Finder](#) or the table shows our local services

NHS
North West
Boroughs Healthcare
NHS Foundation Trust

**Need urgent help with
your mental health?**

Live in Halton, Knowsley,
St Helens or Warrington?
Call us on our new Freephone
number! We can help.

➔ **0800 051 1508**

www.nwbh.nhs.uk/help-in-a-crisis



Areas such as frozen lakes and ponds can be beautiful this time of year, but as the news has recently reported going on the ice can have devastating consequences. All students have been reminded of the local areas where clear messages have been to avoid venturing out on to the ice and general water awareness tips. Further advice is available from the [RLSS](#) and [Canals and River Trust](#)

A STAND AGAINST HARRASSMENT

KS4 students all received an assembly on sexual harrassment, delivered by Mrs Wardle, the school's Designated Safeguarding Lead. The assembly aimed to raise awareness of all types of harrassment and everyone's role in ensuring school remains a safe place for all. Students were respectful and attentive.

Students were also introduced to the NSPCC's 'Report/Remove tool' a way for any young person under the age of 18, to safely get a nude image or video removed from the internet.

Students were also reminded of ways which they can raise any concern with any member of staff.



**Nude image of you online?
We can help take it down.**

For details of how to use the Report Remove tool please click [here](#) for an information video



WARRINGTON & CHESHIRE POLICE

In order to keep all our students safe we work closely with the local constabulary. This half term was no exception. We were able to deliver assemblies on knife crime awareness by PCSO Potts and Spruce; key messages around walking to and from school safety and frozen water advice via PC Marsh-Croft; and bike/road safety from Lesley Paterson, Warrington's School and Residential Travel Advisory. In January we will be welcoming them all back starting by delivering free bike lights to students on Monday 9th January 2023.



EARLY HELP

Great Sankey High School seeks to support young people and their families by offering support, guidance and help in a timely manner. Part of this process may be referred to as '[Early Help](#)'. By working with families, we seek to identify issues early to ensure the right help, at the right time, in the right way.

Any professional who works with a family can offer Early Help, whether they work in a school, health care organisation or voluntary sector organisations.

They can do this at any point that they see a young person or their family needs advice, support and/or intervention.

Early Help is most effective when all parties engage fully and when the whole family network works together. Family needs are identified and supported through [Early Help Assessments](#).

All pupils and their families can access Early Help through their Year Teams. Please do not hesitate to contact them if you feel you, or a member of your family, may benefit from this support.

ARE ALL YOUR CONTACT DETAILS UP TO DATE?

If you change your home phone/email or mobile number, please let the school know, so that we have the most up-to-date details.

We require a minimum of two contacts in case of an emergency.

JANUARY RETURN TO SCHOOL ARRANGEMENTS

A reminder of Mr Evans' end of term letter which confirmed the following arrangements for returning to school in January.

"School will reopen to students in the New Year on Wednesday 4th January. Each year group will arrive at slightly different times that morning as we will be launching our new Great Sankey High School expectations, around behaviour, standards and uniform."

Wednesday 4th January 2023 - Year Groups are to arrive at the following times:

Year 7 and 8 - 8.20am (Y7 to go to Sports Hall and Y8 to BTH)

Year 9 and 10 - 9.00am (Y9 to go to Sports Hall and Y10 to BTH)

Year 11 - 10.00am (go to BTH)

All year groups are to access the site via the **main entrance on Barrow Hall Lane**. If your child is in Y9-11 and arrangements cannot be made to arrive at this time please email their Year team using their intake address below:

Year 7 - Intake2022@greatsankey.org

Year 8 - Intake2021@greatsankey.org

Year 9 - Intake2020@greatsankey.org

Year 10 - Intake2019@greatsankey.org

Year 11 - Intake2018@greatsankey.org

kooth

**Mixed feelings
about returning to
school or college?**

We're here if you need to
chat to someone.

Find support today by visiting [kooth.com](https://www.kooth.com)

