



National Teaching School  
designated by



National College for  
Teaching & Leadership

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Dear Parent/Carer

**RE: Physical Education and School Sport**

Following some parental feedback, I would like to remind you of our recommendations for the use of protective equipment during PE lessons and school sport and benefits they bring.

For lessons we recommend that students wear the correct personal protective equipment, for example, shin pads, gum shields and head guards and equipment should comply with the official standard. For activities on the grass and 3G pitch children wear studs and ideally these should be moulded studs.

For competitive school fixtures, while not mandatory from the RFL, we would strongly advise students to wear head guards and gum shields. For football inter-school football matches shin pads must be worn. For both Rugby and Football fixtures studded boots must be worn.

This advice is in line with guidance from the Association for Physical Education (afPE): Safe Practice in Physical Education, School Sport and Physical Activity.

For any further guidance or information please do not hesitate to contact the PE Department.

Your support in this matter is very much appreciated.

Regards

Mr A M Gee

Head of PE

