



## Dyslexia

### What is Dyslexia?

Dyslexia is a specific learning difficulty that affects a pupil's ability to read and to spell. Children with Dyslexia may have trouble with the sounds that make up words.

### What difficulties might children with dyslexia encounter?

- they may have a poor standard of written work compared to their ability to talk
- they may produce strange spellings of words
- they may frequently lose their place when reading
- they often reverse letters and numbers
- they have difficulties remembering sequences - days of the week/ months of the year
- they may show poor time management or poor organisation skills
- they may be easily distracted and avoid reading and writing
- they may often be very tired, due to the concentration required for tasks

Children may have some of these difficulties or they may exhibit all of these difficulties.

### How can you help at home?

- when reading with your child talk about how the words look, eg their shape and their length
- play snap with key words
- encourage children to ask questions about books and talk about what is happening in the illustrations first
- use audio books as these can engage reluctant readers, listen to them in the car or before bed
- read all types of text to your child - comics, newspapers, magazines
- make reading fun and interesting - not a chore
- practise writing in different materials such as sand, sugar or flour

### Useful website

[www.bdadyslexia.org.uk](http://www.bdadyslexia.org.uk)

