

PSHE Whole School Overview

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Nursery	Please see EYFS Knowledge Content Document					
Reception	Please see EYFS Knowledge Content Document					
Year 1	Rules / Expectations & Friendship	Good manners & Feelings	Healthy Eating & Physical Activity	Behaviour & Safety	Kindness & Family	Safety & Money
Year 2	Friendship & Belonging	Consequences & Co-operation	Keeping Clean & Dental Hygiene	The Human Body & Changing	Behaviour & Citizenship	Emotions & Money
Year 3	E-Safety & Rules	Friendship & Loss / Separation	Physical, Emotional and Mental	Listening & Communities	Puberty & Emergencies	Lifestyle Choices & Working Together
Year 4	Online Privacy & Gender Stereotypes	Self-Worth & Persistence	Healthy Eating	Expressing Opinions & Family	Identifying Strengths & Setting Goals	Diversity & Money
Year 5	Law & Order & Drugs/ Alcohol	Death & Grief & Managing Conflict	Puberty & Healthy Lifestyles	Physical, Emotional and Mental & Confidentiality	Food choices & Physical Contact	Shared Goals & Basic First Aid



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Year 6	Strengths & Setting Goals	Race & Ethnicity & Gender Stereotypes	Physical Illness & Marriage	Healthy Minds & Support & Care	Budgeting & Consumer sense	Generating Income
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