



Subject overview 2023-24

Subject: PSHE

	EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Autumn 1	Please see EYFS Knowledge Content Document	Rules / Expectations & Friendship	Friendship & Belonging	E-Safety & Rules	Online Privacy & Gender Stereotypes	Law & Order & Drugs/ Alcohol	Strengths & Setting Goals
Autumn 2		Good manners & Feelings	Consequences & Co-operation	Friendship & Loss / Separation	Self-Worth & Persistence	Death & Grief & Managing Conflict	Race & Ethnicity & Gender Stereotypes
Spring 1		Healthy Eating & Physical Activity	Keeping Clean & Dental Hygiene	Physical, Emotional and Mental	Healthy Eating	Puberty & Healthy Lifestyles	Physical Illness & Marriage
Spring 2		Behaviour & Safety	The Human Body & Changing	Listening & Communities	Expressing Opinions & Family	Physical, Emotional and Mental & Confidentiality	Healthy Minds & Support & Care
Summer 1		Kindness & Family	Behaviour & Citizenship	Puberty & Emergencies	Identifying Strengths & Setting Goals	Food choices & Physical Contact	Budgeting & Consumer sense
Summer 2		Safety & Money	Emotions & Money	Lifestyle Choices & Working Together	Diversity & Money	Shared Goals & Basic First Aid	Generating Income

