



Subject overview 2025-26

Subject: PSHE

	EYFS Ages 3-4/ Ages 4-5	Year 1 Ages 5-6	Year 2 Ages 6-7	Year 3 Ages 7-8	Year 4 Ages 8-9	Year 5 Ages 9-10	Year 6 Ages 10-12
Autumn 1	Being Me in My World	Being Me in My World	Being Me in My World	Being Me in My World	Being Me in My World	Being Me in My World	Being Me in My World
Autumn 2	Celebrating Differences	Celebrating Differences	Celebrating Differences	Celebrating Differences	Celebrating Differences	Celebrating Differences	Celebrating Differences
Spring 1	Dreams and Goals	Dreams and Goals	Dreams and Goals	Dreams and Goals	Dreams and Goals	Dreams and Goals	Dreams and Goals
Spring 2	Healthy Me	Healthy Me	Healthy Me	Healthy Me	Healthy Me	Healthy Me	Healthy Me
Summer 1	Relationships	Relationships	Relationships	Relationships	Relationships	Relationships	Relationships
Summer 2	Changing Me	Changing Me	Changing Me	Changing Me	Changing Me	Changing Me	Changing Me

