

Key Knowledge

fertilisation

The male and female sex cells fuse together.

**prenatal**

The cells develop and grow into a foetus inside the mother's uterus. After around nine months, the baby is born.

infancy

Rapid growth and development. Children learn to walk and talk.

childhood

Children learn new skills and become more independent.

adolescence

The body starts to change over a few years. The changes occur to enable reproduction during adulthood. Much more independent.

middle adulthood

Ability to reproduce decreases. There may be hair loss or hair may turn grey.

late adulthood

Leading a healthy lifestyle can help to slow down the decline in fitness and health which occurs during this stage.

early adulthood

The human body is at its peak of fitness and strength.

Key Vocabulary

Lifecycle

Toddler

Middle adulthood

Growth

Childhood

Late adulthood

Reproduce

Teenager

Old age

Life expectancy

adolescence

Foetus

Adult

Baby

Early adulthood