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| **Year 3** |
| **Autumn 1** | Online Chat | 1. Can I identify the main ways I can stay safe online?
2. Can I say why it is important to follow safety rules for using the internet safely?
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| The Secrets Jar | 1. Can I say which information I should be careful about sharing online?
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| E-Protection | 1. Can I explain the sensible choices I need to make to keep myself safe online?
2. When online, can I say where to go to get support?
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| I’m in charge! | 1. Can I say what the positives and negatives are of being responsible for the class and their learning?
2. Can I explain why we need rules?
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| Lesson Planning | 1. Can I identify the three main ways we learn?
2. Can I say what the challenges are of planning ahead?
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| Learning Time | 1. Can I identify the important role a teacher plays in learning?
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| **Autumn 2** | Best Features | 1. Can I say what the main features are of good friends?
2. Can I say why having a good friend make life so much better?
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| Circles Time | 1. Can I name the different places I have met and made friends?
2. Can I explain how I can show friendship and explain how it makes me feel?
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| Falling Out | 1. Can I explain boundaries within my friendships?
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| The BAFA’s | 1. Can I say whether I think being a good friend is an achievement or not – and explain why?
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| Lost! | 1. Can I explain the word ‘empathise’ and explain how it would benefit someone else?
 |
| Found! | 1. Can I explain what to do I should become lost?
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| **Spring 1** | I am who I am! | 1. Can I explain the difference between physical and mental health?
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| Hearts and Minds | 1. Can I say which is more important – physical or mental health?
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| Three in 1 | 1. Can I say why goal setting is important and explain how it will help me in my future?
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| Sweet Dreams | 1. Can I say why sleep is so important and suggest how much sleep I should get?
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| **Spring 2** | Dot, Dot, Dash | 1. Can I explain why a good, clear communication is so important?
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| Listen Up! | 1. Can I say what makes a good listener?
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| My community? | 1. Do I understand what the benefits are of being part of a community?
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| School Swap | 1. Can I say what was most noticeable about the different school community?
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| **Summer 1** | You’ve grown | 1. Can I explain what is meant by puberty and talk about how our bodies change in this time?
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| Mind the gap | 1. Can I explain why we loose our first teeth and explain how to look after our new teeth?
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| Who to call? | 1. Can I explain what ‘first aid’ is?
2. Can I explain when I would need to call 999?
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| Calling 999 | 1. Do I know what information I need when calling 999?
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| Ambulance, NOW | 1. Can I explain the role of a paramedic?
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| **Summer 2** | Define Healthy | 1. Can I say some of the ways that I can keep myself healthy?
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| Active Kids | 1. Can I say what happens to my body when exercising?
2. Can I suggest benefits of regular exercising?
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| It’s your choice | 1. Can I explain what is more important – a need or a want?
2. Can I suggest other ways of keeping healthy?
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| Name Game | 1. Can I say what makes a good working relationship and can I explain why it may not always be a good idea to work with our friends?
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| Build it up | 1. Can I suggest some of the problems I may face when working with others?
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| Better Places | 1. Can I say under which circumstances, collaboration works best?
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