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| **Year 4** |
| **Autumn 1** | It’s personal | Can I give others advice about staying safe online? |
| Online Usage | Can I share the dangers of excessive internet usage? |
| Age Limits | Can I debate arguments for and against internet use? |
| His and Hers | Can I define the word stereotype?Can I explain the best way to challenge stereotypes? |
| Planet Parallel |  |
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| **Autumn 2** | Frustration | Can I explain why reactions are linked to our emotions?Can I explain why it is important to find a solution? |
| I’m a marvel!  | Can I explain why it is important to identify my strengths? |
| Don’t Give Up! | Can I explain what the words resilience and persistence mean?Can I say how bullying is a negative form of persistence? |
| Over and Over | Can I say how bullying effects our mental, physical and emotional well-being?Can I explain how to make bullying stop? |
| Over reacting | Can I explain the consequences of over reacting?Can I judge whether or not a reaction is appropriate or proportional? |
| **Spring 1** | Plant or Animal | Can I identify the main food groups?Can I say why it is important to have a healthy diet? |
| Balancing Act | Can I explain why a protein rich diet is beneficial to our bodies?Can I explain the relationship between having plenty of exercise and eating a balanced diet? |
| Master Chef | Can I list the important skills needed in the preparation of food? |
| Our food hall | Can I list the important things to consider when planning a menu? |
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| **Spring 2** | Agony Aunts | Can I explain why it is important to seek good advice?Can I explain where to go to get help and advice if I feel I have no-one to talk to? |
| It’s debatable | Can I say why it is a good thing to have an opinion?Do I understand that it is important to value other people’s opinions? |
| Left Behind | Do I know how I could help someone who has lost someone close to them? |
| Two Homes | Can I give three different examples of a family unit? |
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| **Summer 1** | I’m good at that | Can I understand that a weakness can be turned into a strength?Do I know how I can help other’s reach their targets? |
| Let’s R.O.C.K | Can I define self-respect and understand how it is linked to happiness? |
| Future Me | Can I say why it is important to be able to identify our strengths? |
| That’s my goal | Can I explain how things I do now might affect my future? |
| The impossible dream | Can I explain why it is important to have a dream for the future and say why it is good to try new things? |
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| **Summer 2** | Paper Chains | Can I name 5 things that connect us all together as a class? |
| Family Tree | Can I explain the purpose of a family and explain who different families differ? |
| Faith Findings | Can I explain the term ‘discriminate’?Can I explain why it is important to respect other people’s beliefs? |
| Inside Outside | Can I explain what ‘diversity’ means and explain ways in which we are all the same? |
| A million dollars | Can I discuss how we decide what to spend money on?Can I explain why we should save money? |
| Design Choice | Can I say who or what influences what I spend my money on?Can I say how important it is to think about our future wants? |