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| **Year 5** |
| **Autumn 1** | Just imagine | 1. Can I define the word ‘anarchy’ and say why rules are important?
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| In charge | 1. Can I give an example of democracy, sovereignty, dictatorship, government and monarchy?
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| Our rights | 1. Can I say why it is important to have equal rights and describe what difference it makes to everyday life?
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| A Risky Business | 1. Can I show how to show someone respect in an online context?
 |
| Just say no | 1. Can I say whether drugs are a good or a bad thing and give an example of an illegal drug?
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| Drink Aware | 1. Can I explain the difference between alcoholic and non-alcoholic drinks?
2. Do I understand why it is illegal for children to drink alcohol?
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| **Autumn 2** | It’s natural | 1. Can I say why memories of loved ones we have lost are important to us?
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| Poppies | 1. Can I explain the significance of a poppy and what it symbolises?
2. Can I understand that new life connects with death?
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| Families at war | 1. Can I say why separation and divorce might happen?
2. Can I identify who to talk to if I am sad and lonely?
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| We’re cultured | 1. Can I explain what diversity is and how to celebrate it?
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| **Spring 1** | What’s puberty? | 1. Can I explain the changes to my body during puberty?
2. Can I explain why hygiene in especially important during puberty?
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| You choose | 1. Can I discuss some healthy choices that I have made?
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| Up in smoke | 1. Can I explain why smoking is harmful and explain what I should do if offered a cigarette?
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| Let’s be frank | 1. Can I explain what could happen if I inhaled a volatile substance?
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| **Spring 2** | 3 Dimensional | 1. Can I explain the three dimensions on well-being?
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| Secret Info | 1. Can I identify who is responsible for keeping me safe?
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| I’m all ears | 1. Can I explain why trust is important when sharing information / our emotions with others?
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| Scenarios | 1. Can I explain why it is so important to listen to others?
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| **Summer 1** | Secret Eaters | 1. Can I describe a healthy and balanced meal?
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| Invention Team | 1. Do I understand why it is important to be able to cook a healthy meal?
2. Can I give reasons why someone might choose to eat a take away, rather than a healthy meal?
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| Michelin Stars | 1. Can I whether presentation or taste is more important when preparing food?
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| Touch Sensitive | 1. Can I give examples of positive and negative touch and explain where I would ask for help if I was concerned?
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| **Summer 2** | Scrabble | 1. Can I give examples of when collaboration is needed?
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| It’s all go | 1. Can I discuss what another team has done well when working together?
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| All join in | 1. Can I explain how I would deal with someone who wasn’t pulling their weight?
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| First Aid Tips | 1. Can I explain how accidents can be avoided?
2. Can I identify who to call if I am in any doubt when it comes to first aid?
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