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| **Year 5** | | |
| **Autumn 1** | Just imagine | 1. Can I define the word ‘anarchy’ and say why rules are important? |
| In charge | 1. Can I give an example of democracy, sovereignty, dictatorship, government and monarchy? |
| Our rights | 1. Can I say why it is important to have equal rights and describe what difference it makes to everyday life? |
| A Risky Business | 1. Can I show how to show someone respect in an online context? |
| Just say no | 1. Can I say whether drugs are a good or a bad thing and give an example of an illegal drug? |
| Drink Aware | 1. Can I explain the difference between alcoholic and non-alcoholic drinks? 2. Do I understand why it is illegal for children to drink alcohol? |
| **Autumn 2** | It’s natural | 1. Can I say why memories of loved ones we have lost are important to us? |
| Poppies | 1. Can I explain the significance of a poppy and what it symbolises? 2. Can I understand that new life connects with death? |
| Families at war | 1. Can I say why separation and divorce might happen? 2. Can I identify who to talk to if I am sad and lonely? |
| We’re cultured | 1. Can I explain what diversity is and how to celebrate it? |
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| **Spring 1** | What’s puberty? | 1. Can I explain the changes to my body during puberty? 2. Can I explain why hygiene in especially important during puberty? |
| You choose | 1. Can I discuss some healthy choices that I have made? |
| Up in smoke | 1. Can I explain why smoking is harmful and explain what I should do if offered a cigarette? |
| Let’s be frank | 1. Can I explain what could happen if I inhaled a volatile substance? |
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| **Spring 2** | 3 Dimensional | 1. Can I explain the three dimensions on well-being? |
| Secret Info | 1. Can I identify who is responsible for keeping me safe? |
| I’m all ears | 1. Can I explain why trust is important when sharing information / our emotions with others? |
| Scenarios | 1. Can I explain why it is so important to listen to others? |
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| **Summer 1** | Secret Eaters | 1. Can I describe a healthy and balanced meal? |
| Invention Team | 1. Do I understand why it is important to be able to cook a healthy meal? 2. Can I give reasons why someone might choose to eat a take away, rather than a healthy meal? |
| Michelin Stars | 1. Can I whether presentation or taste is more important when preparing food? |
| Touch Sensitive | 1. Can I give examples of positive and negative touch and explain where I would ask for help if I was concerned? |
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| **Summer 2** | Scrabble | 1. Can I give examples of when collaboration is needed? |
| It’s all go | 1. Can I discuss what another team has done well when working together? |
| All join in | 1. Can I explain how I would deal with someone who wasn’t pulling their weight? |
| First Aid Tips | 1. Can I explain how accidents can be avoided? 2. Can I identify who to call if I am in any doubt when it comes to first aid? |
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